

SOCIAL PLANNING
COUNCIL
of Ottawa

A Catalyst for Sustainable Social and Economic Development Since 1928



Le CONSEIL de
PLANIFICATION SOCIALE
d'Ottawa

Un catalyseur du développement social et économique durable

93rd ANNUAL REPORT JUNE 2020 - MAY 2021

*Responding to the
community needs, together*



Our sincere thanks

A SPECIAL THANKS TO OUR FUNDERS

(found on pages 35 & 36)

THANK YOU TO OUR VOLUNTEERS

The SPC benefited tremendously from the assistance of 52 volunteers in SPC programs and 387 volunteers in community development and sponsored projects, working more than 7,900 hours as active leaders in all aspects of the work.



A VERY SPECIAL THANK YOU TO OUR PARTNER ETHNOCULTURAL GROUPS

Association of South Sudanese Languages Institute
Cambodian Association of Ottawa Valley
Canadian Women of Colour Leadership Network
Canada Nepal Solidarity for Peace
Caribbean Ethno-cultural Seniors Of Ottawa
Club Casa de los Abuelos
Co-operative enseignants pas-à-pas
Daryeel: A Youth and Seniors Serving Centre
Deshantari of Ottawa-Carleton
Ethiopian Community Association Ottawa
Excelsior Cultural and Spiritual Association
Family Support and Care Services Centre
Indo-Canadian Community Centre
Indo-Canadian Services Association Barrhaven
Kanata Chinese Seniors Support Centre
Maama Watali

National Capital Region Bulgarian Community
New Beginning (Spanish Speaking Seniors)
New Covenant Apostolic Church Seniors' Outreach (Afro-Caribbean-Black Seniors)
Nord-Sud Development Racines et Cultures
Ottawa Korean Evergreen (Senior) Society
Ottawa Seventh Day Adventist Church
Ottawa Valley Filipino Canadian Senior Citizens Association
Polish Canadian Women's Federation – Ottawa Branch
Regroupement Affaires Femmes
Rwandan Social Services and Family Counselling
Sikh Community Services Ottawa
South Nepean Muslim Centre
Sri Lanka Canada Association of Ottawa
Vietnamese Canadian Community of Ottawa

Thanks to the SPC Staff

Sybil Braganza, Coordinator, Ethnocultural Seniors Project
Mailyne Briggs, Communications Manager
John Chol, Project Manager and Youth Advocate
Stefan Domaradzki, Youth Engagement Developer*
Wen Jean Ho, Kanata Chinese Seniors Support Centre Coordinator
Heather Hunter, Program Manager
Nasra Hussein, Health Services Researcher
Sadia Jama, Community Based Researcher and Data Analyst
Anna Lenk, Evaluation Consultant*
Abdelaziz Mahdjoubi, Manager, Community Information and Mapping System

Hot Shoe Productions

Menal Aman, Youth Videographer
Ben Bergeron, Manager
Micaela Cheeseman, Youth Videographer
Omer Farah, Youth Videographer
Eyma Garcon, Youth Videographer
Jasmine Hilash, Youth Videographer
Danika Krul, Youth Videographer
Aiden Le Sausse, Youth Videographer
Irfan Nabi, Youth Videographer
Rosena Zhuang, Youth Videographer

TRAC Communications Staff

Merkuria Adelaju, Communications Staff
Berat Ali Acar, Communications Staff
Francesca Toussaint, Communications Staff

Summer Students

Brandon Heidinger, Health Services Researcher (Seniors)*
Kieran Holmes, Health Services Researcher (Seniors)*
Galen Richardson, GIS Researcher*
Didier Soeharjono, GIS Researcher*

Abdihakim Mao, Data Analyst and Researcher
Ifrah Mahamoud, Community Liaison
Parastu Mirabzadeh, Effective Measures Manager
Katherine Neale, Health Equity Researcher*
Stefka Patchova, Data and Geographic Information System Researcher
Reuben Mulinda Nashali, Office Manager and Program Coordinator
Kingsley Swim, Community Liaison
Weiyu Tang, Ethno-cultural Dementia Supports*
Zeba Taj, Brain Health Day Program Coordinator, Indo-Canadian Community Centre site*
Dianne Urquhart, Executive Director
Mohamed Warsame, Youth Employment Coordinator and Job Developer

Youth Leadership for Change

Ariel Clemerson-Reiser, Youth Advisor*
Ayan Ali, Youth Advisor*
Shireen Faza, Youth Advisor*
Both Gakah, Researcher*
Sukanya Mukherjee, Youth Advisor*
Hayad Odowa, Researcher*
Madina Hilowle, Researcher*
Gulled Saleban, Researcher*
Pegea Bounda, Researcher*

Youth Action Now

Mailyne Briggs, Digital Communications Officer*
Victoria Elliot, Program Coordinator*
Yanaminah Thullah, Lead Connector*

Synapcity

Stephane Laurence-Pressault, Program Coordinator*
Laurel Mackenzie, Executive Director*

Accountant

Cindy Flynn

* Resigned or contract ended in 2020/2021

Thanks to the SPC Board of Directors

Board of Directors 2020-2021

Ms. Sophia Jacob, President
Ms. Lise Hebabi, Treasurer and Secretary
Mr. Nick Ramdass, Executive Member-at-Large
Mr. Howard Cohen
Mr. Rob Campbell
Mr. Trevor Hache

Mr. Nicholas Harrison*
Ms. Gillian Keefe
Ms. Deana Maric
Mr. Khaled Nizami
Ms. Julia Sneyd
Mr. Anil Sukhija*

* Resigned in 2020/21

We invite you to **connect with us** on Social Media

Social Planning Council



@SPCOttawa



@SPCOttawa



@SPCOttawa



Social Planning Council Ottawa

Neighbourhood Equity Index



@ottawaequity



@ottawaequity

Hot Shoe Productions



@hotshoe productions



@hotshoe pro



Hot Shoe Productions

Visit our office at the Rideau Community Hub



Social Planning Council of Ottawa
815 St Laurent Blvd, Room 325
Ottawa, On K1K 3A7



(613) 236-9300 / office@spcottawa.on.ca
<https://www.spcottawa.on.ca>



Hello everyone,

At the time of our previous Annual Report, the pandemic was fresh in our lives and everyone and everything, including the SPCO, had to make some tough and important decisions about how to deal with a rapidly changing world. Back then, we made the decision to reallocate resources and focus efforts of helping those that are the most vulnerable in the current state of things, and I am happy to report, that was the right thing to do. Words escape me on just how much the SPCO continues to evolve and adapt to meet the needs of the community.

Our response to the pandemic was quick and continues to be active. Programmatically our COVID-19 services have been expanded to host data and information on mental health, anti-racism and digital equity. SPCO has kept a steady pace to keep up with the growing need for access to food and medication as the wave of lockdown restrictions played out over this past year.

Though funders like United Way we were able to launch the Digital Equity Ottawa Initiative. Through this collaboration individuals and community groups are able to gain access to information and communication technology, keeping people connected through access to hardware, affordable and trusted internet service, and supporting community members with digital literacy.

The pandemic wasn't the only major issue enveloping our lives over the past year. Bias, social exclusion, racism and discrimination are the daily realities for many Ottawa BIPOC residences and many of those issues rightfully bubbled to the surface due to a series of unfortunate circumstances. Creating safer spaces for residents to live, work and play, opening doors for communities to advocate for their own wellbeing, and by having the opportunities to increase community engagement will help to reduce the stigma and disparities felt by marginalized communities.

SPCO's four pillar Equity Diversity and Inclusion (EDI) strategy targets the removal of systemic barriers and leverages the experiences, knowledge, capacities, and talents of racialized people, communities, and organizations in shared leadership at all levels.

In partnership with the Catholic Centre for Immigrants BIPOC newcomer youth had the opportunity to participate in a mental health pilot project. The Active Newcomer Youth Ottawa initiative hosts peer- to-peer-facilitated conversations, giving a space for youth to express their feelings and mental health concerns. The youth also have an opportunity to organize sport, art and cultural activities as a way to bring youth together and curb feelings of isolation and promote active movement and community togetherness.

Throughout 2020 SPCO partnered with a number of grassroots community groups and organizations to support their culturally-responsive programs, initiatives, grant applications and highlighted the phenomenal work they've done to exercise great leadership within the community.

Hot Shoe Productions, a social enterprise through SPCO, hires youth to create compelling videos that tell interesting and heartfelt real-life stories. Hot Shoe Productions has expanded their services to offer BIPOC grassroots community groups the opportunity to showcase their organizations programs and services through a short video reel that is shot, edited and packed at a free or discounted rate.

Over the decades SPCO has been part of various movements for the community from housing, childcare, economic development, youth employment, seniors, access to basics, green energy, climate change and more.

All of this work would not be possible without the amazing staff and volunteers who've given 110 percent to this organization. We also want to thank our funders who have been an integral part of the many projects, programs and services that we provide. We want to give a special thank you to our members. We appreciate your support.

Lastly, I'll say that we must continue to keep the faith and hold on as we can now start to see the beginning of the end. As more and more members of our society get the vaccine and places start to reopen plans of the recovery and rebuild process can move forward.

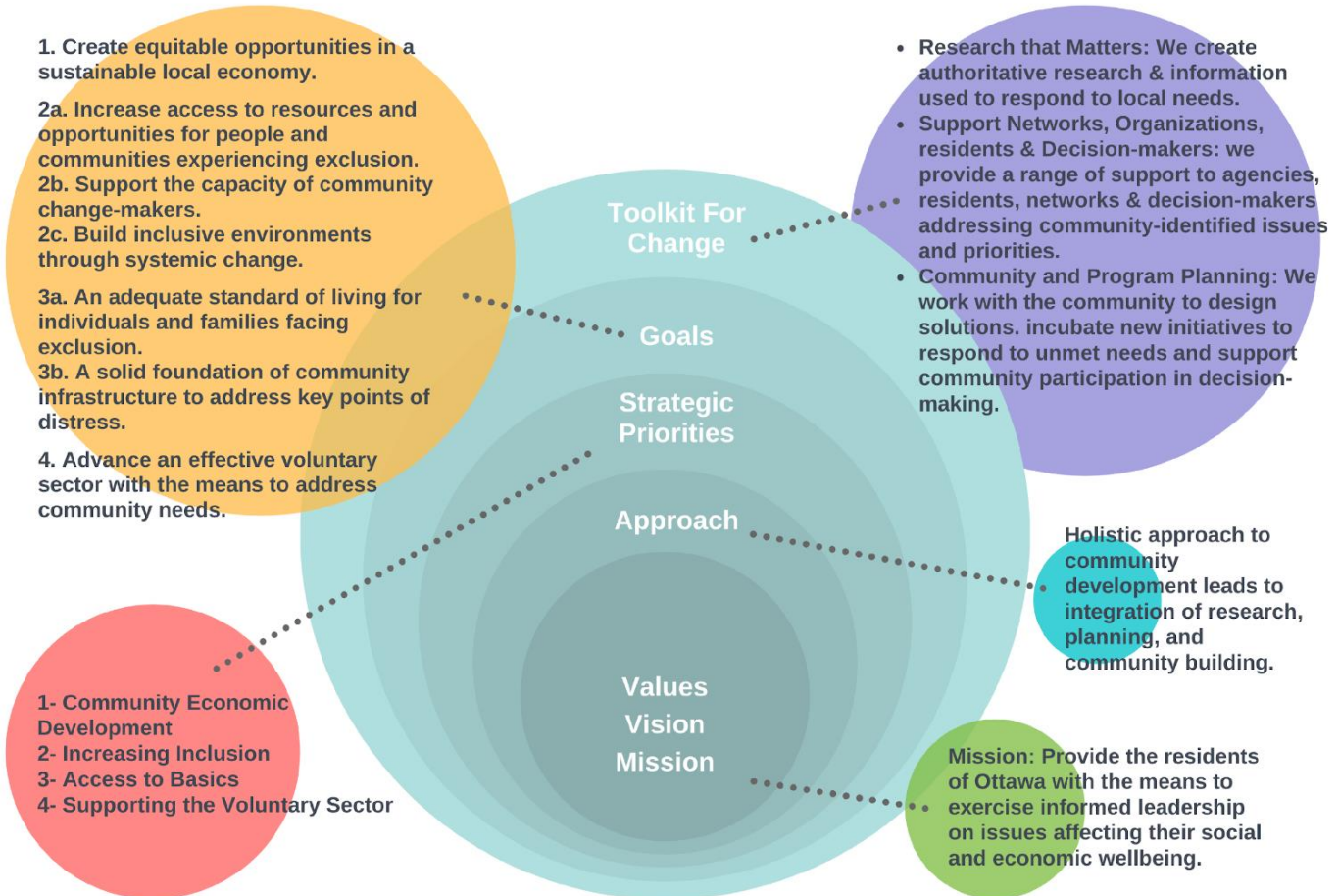
Sophia Jacob
President, Board of Directors
Social Planning Council of Ottawa



Social Planning Council of Ottawa

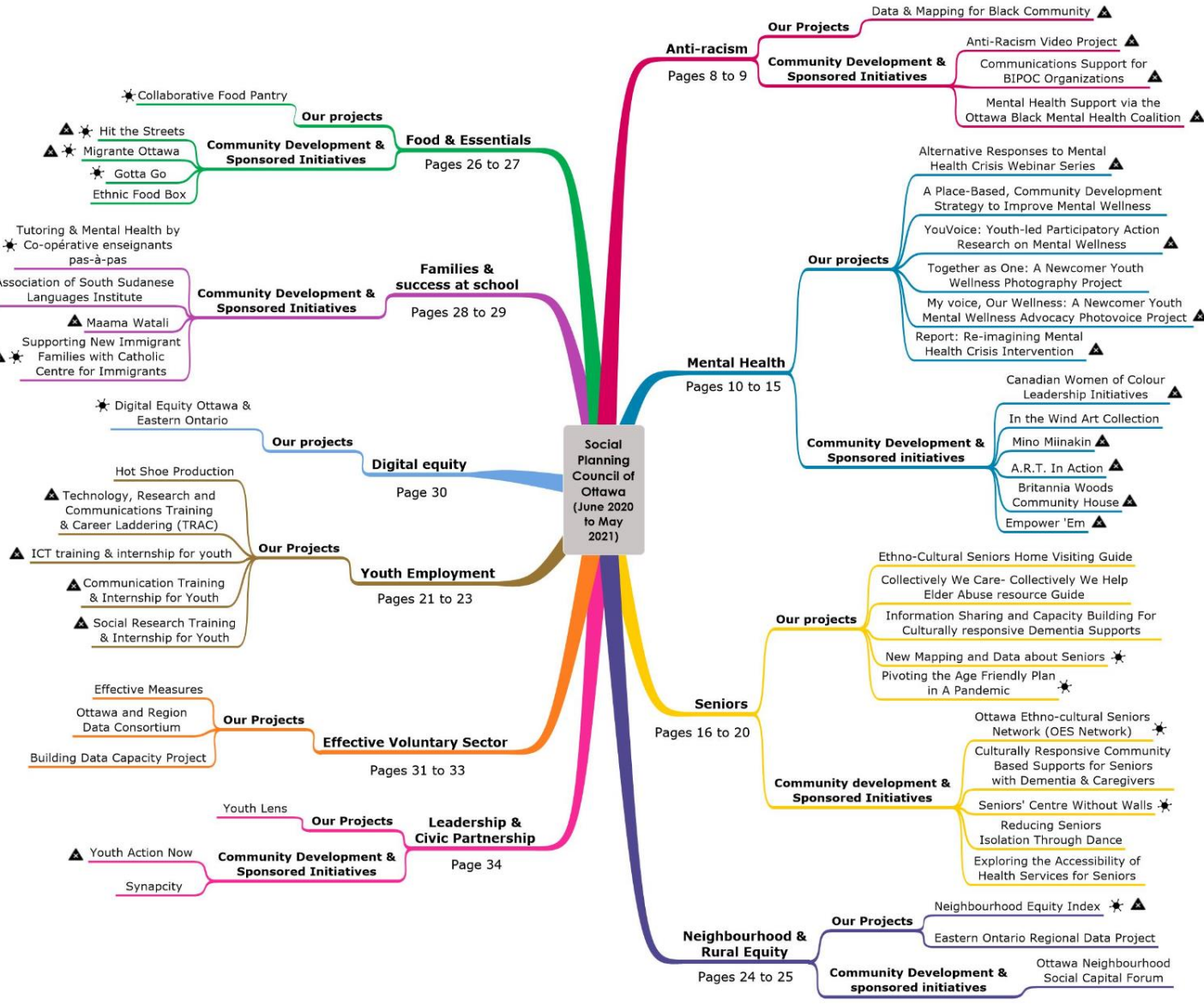
A CATALYST FOR SUSTAINABLE SOCIAL AND ECONOMIC DEVELOPMENT SINCE 1928

We are a community development organization with the mission to provide residents of Ottawa with the means to exercise informed leadership on issues affecting their social and economic well-being. The SPCO builds community capacity for concrete, positive and lasting change on priority issues identified by communities and neighbourhoods. Using a holistic community development approach, we share our resources and expertise in research, planning, coordination, implementation and networking, and support people and organizations to come together around solutions.



Social Planning Council of Ottawa

Our projects and Community Development & Sponsored Initiatives June 2020 to May 2021



- * Projects relevant to Covid-19 pandemic response
- ▲ Projects relevant to anti-racism

Our Response

COVID-19 & Anti-Racism



How much did we do?

Over **850 households** received support with groceries

237 households received digital devices or connectivity (wifi) support

11 agencies received tech support to support re-structured services

12 initiatives supporting COVID-19 response

2,881 (not unique) **participating** in mental health activities (**2,657 for BIPOC**)

25 initiatives supporting anti-racism

1,742 participants in educational events on anti-racism, cultural competence/safety or Ottawa's BIPOC communities

How well did we do it?

Satisfaction

"You came at just the right time. My fridge was completely empty. I didn't know what we would have for dinner, and now we will have healthy meals all week. Huge stress relief"

"Please give your volunteer a hug for me. She went above and beyond. My son was just begging me for popsicles - not in the budget. Surprise she showed up with a huge box! You want to see 4 happy kids in tears. They are so happy. Thank you for being my life line."
- food pantry recipients

What is SPCO doing well? Being an advocate and partner within the sector for racialized and ethno-cultural groups that work with community residents to deliver supports. (from 2020 Satisfaction Survey)

Quality

Partnership-based with Clarity of Appropriate SPCO Role:

- For COVID: Focus on basic needs for groups facing barriers and culturally responsive COVID response
- For Anti-Racism: Support for BIPOC organizations, access to funding and policy change

Best & Promising Practices

- Community development approach
- Culturally-appropriate, competent & safe approaches through co-production (partners deliver, SPCO provides backbone)
- Track record of prioritizing funds for BIPOC groups and activities
- Innovative community economic development approach designed to particularly benefit BIPOC youth

How is the community better off?

- Increased the capacity of **38 BIPOC organizations** with support meaningful to them
- **\$1,037,890 leveraged for mental health supports**
- **\$1,163,843 leveraged for anti-racism** and support of **BIPOC leadership**
- **41 new or expanded programs** supporting mental health
- **40 new or expanded programs** for BIPOC communities
- Contributed to City budget 2021 decision to expand **free wi-fi in priority neighbourhoods**
- Significantly contributed to improvements of the **COVID emergency response to accommodate cultural differences** (re food access, information, vaccine approach, etc.)



Anti-Racism

Our Projects

Data and Mapping for the Black Community

Our 2020 Report on Ottawa's Black Community has been used by numerous community organizations and agencies to support their anti-racism efforts. We have presented the findings at several community meetings helping to inform several hundred community members. See <https://neighbourhoodequity.ca/racism/>



Our Commitment

In 2020, the issue of racism was thrust to centre stage through the Black Lives Matter movement, the death of Floyd George and so-many Black community members at the hands of police and the dramatic rise in hate-motivated violence including anti-Asian violence. And all this was happening just a year after the release of the National Inquiry into Missing and Murdered Indigenous Girls and Women (June 2019) that had brought into razor-sharp focus the on-going anti-Indigenous racism and violence.

In response, the SPCO renewed our commitment to anti-racism with an organizational Anti-Racism Strategy framed around four pillars:

- **Assets**
- **Programs**
- **Internal Practices**
- **Bridge to Systems Change**

Highlights of this year (most described elsewhere in the report) include:

- Advocacy to Council and the Police Services Board to freeze the police budget and increase investment in mental health;
- Support to leadership within the Black community by providing sponsorship for multiple Black-led initiatives;

- Prioritizing direct services for issues disproportionately impacting racialized and Indigenous community members including mental health, distribution of digital devices, food supports, access to basics, family supports;
- Our youth employment work focused on racialized youth;
- Establishing the “Ottawa Community Partnership for Health Equity” as a platform to build capacity to address health equity ;
- Producing the report “The Portrait of the Black Community” with related speaking engagements;
- Procurement decisions to support BIPOC businesses.



See www.spcottawa.on.ca for details of the strategy.



THE SPCO'S ANTI-RACISM STRATEGY

The SPCO is committed to creating an equitable, diverse and inclusive city. Our policies and practices are guided by our anti-racism strategy, consisting of four key pillars. They include:

- **ASSETS:** Making our organizational assets available to the community, in such a way that promotes equity, diversity and inclusion.
- **PROGRAMS:** Developing programs that meet the needs of racialized communities, and evaluating all existing programs through an anti-racism lens.
- **PRACTICES:** Ensuring our internal practices are actively anti-racist.
- **SYSTEMS CHANGE:** Generating system-level changes by acting as a bridge between racialized communities, mainstream organizations & decision makers.

SOCIAL PLANNING COUNCIL of Ottawa / Le CONSEIL de PLANIFICATION SOCIALE d'Ottawa

Anti-Racism

Community Development and Sponsored Initiatives

Anti-Racism Video Project

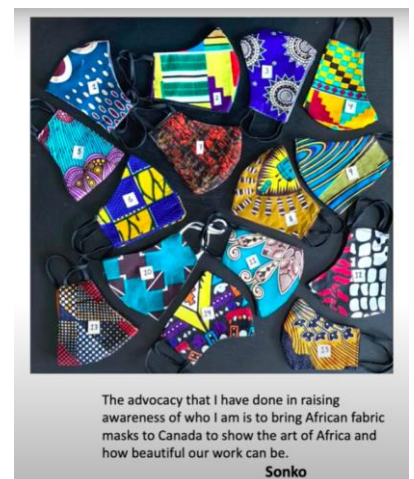
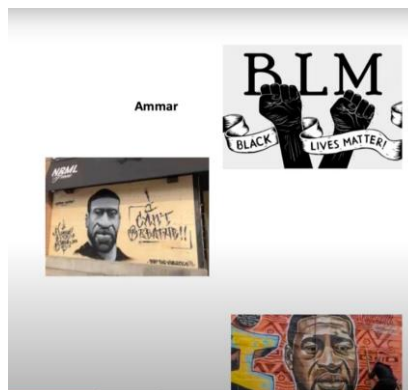
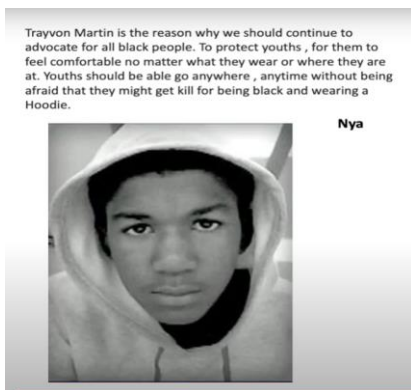
This was a youth-led project in collaboration with SPCO and the Catholic Centre for Immigrants. A group of youth leaders facilitated an anti-racism and discrimination photovoice project that included 10 racialized youth. See the video at <https://youtu.be/C5p64AO5hbw>

The project described the realities of their experience of racism, communicated their perspective and identified some paths forward that could engage diverse people to improve the situation in their local communities. The project was led by four young racialized youth, each bringing a particular skill set that ensured success of the project. The youth leaders solicited and actively engaged an additional six racialized youth (particularly but not exclusively newcomers) who have a passion to address discrimination and anti-racism in their community. These youth participants (aged 18–29) have a diverse life experience and perspectives to bring to the project.

During the weekly themed discussions on topics on racism and discrimination, the youth voiced out their concerns and shared their life experiences in racism and discrimination through photographs. In April the group leaders focused on editing, post-production, translation as well as communications and dissemination. By the end of the project, the photos and art were transformed into a video to enable a broader sharing of the artwork, either as a stand-alone, or as a resource that can be used for group discussions in the community.

Youth participants learned numerous skill sets in photography, photovoice production and the most importantly the anti-racism and discrimination strategies. The six participants wanted to extend the conversation and went ahead to start a group, Let's talk about racism. The group meets weekly virtually and SPCO has provided a Zoom account to facilitate the activity. SPCO also provided them with staff support who attend and nurture the youth. The youth created a safe space for themselves and their peers to share their experience on racism and healing strategies.

We are grateful for a **Youth SHINE grant from Crime Prevention Ottawa.**



Communications Support for BIPOC Organizations

To support BIPOC organizations to more effectively respond to the momentum of the current historic moment we offered free communications support to a variety of organizations supporting Black, Indigenous and People of Colour (BIPOC).

Mental Health

Our Projects

Alternative Responses to Mental Health Crisis Webinar Series

Responding to Mental Health Crises: Learning from Models in Ottawa and Beyond is a bi-weekly webinar series outlining successful models for responding to mental health crises in Ottawa, Canada and the U.S. This series is an opportunity for the Ottawa community to learn about what alternatives exist when responding to mental health crisis situations that replace traditional policing. Each event in the series features one approach to a mental health crisis response, with a presentation highlighting how and why it was developed, how it works and the lessons learned. The series is co-sponsored by the Social Planning Council of Ottawa, Minwaashin Lodge, Crime Prevention Ottawa, Ottawa Black Mental Health Coalition and Ottawa Community Partnership for Health Equity.



Visit <https://ocphe.ca/webinars/> for the archived and upcoming webinars.



A Place-Based, Community Development Strategy to Improve Mental Wellness

The SPCO and the Community Development Framework continued to convene a multi-agency initiative to better support mental well-being in priority neighbourhoods through community development approaches. Disadvantaged communities are disproportionately impacted by poverty, social isolation & marginalization. Priority neighbourhoods and communities identified an urgent priority to better address mental wellness and mental health. In 2020, with the support of Innoweave funding, agency partners developed a roadmap and action plan for enhancing the reach and support for residents along the mental health spectrum (from stress to clinical mental health issues). In response to COVID, partners collaborated to get digital devices and connectivity to key peer leaders and residents in need. With support from Greenshields we have expanded peer supports and are developing an approach to better support racialized family neighbourhoods. Special thanks to the 20 agency partners in this initiative. We are grateful to **United Way East Ontario** for supporting the coordination through funding of our neighbourhood equity work.

Mental Health

Our Projects

YouVoice: Youth-led Participatory Action Research on Mental Wellness

YouVoice Ottawa is a participatory action research project for racialized youth between the ages of 16 to 24 to explore issues related to mental health and wellness and inform the development of inclusive mental health resources in the community. The planning for YouVoice Ottawa began in October 2020 with a Youth Advisory Committee and implementation began in February 2021. YouVoice Ottawa included a survey component which was taken by 72 racialized youth located in Ottawa; 57% were Black or African Canadian, 26% were Indigenous/Aboriginal and 15% were of Asian/East Indian or Middle Eastern descent. The project also included a 4-week Photovoice component where each week, 5-8 youth participants were asked to take photographs of things in their lives that represent topics in mental health. They held a series of online drop-in workshops for racialized youth to discuss mental health wellness topics. Based on these discussions, the survey results and the Photovoice discussions, it was clear that youth wanted to engage in a series of different programs and activities that would promote mental well-being in Ottawa such as 1-on-1 peer support, political activism, education workshops with older ethno-cultural community members and in-person youth programming (e.g., outdoor mindfulness exercises).



For more information, visit:



[eottawa](https://www.instagram.com/eottawa)



YouVoice Ottawa's Instagram Page:
<https://www.instagram.com/youvoic>

Short Video of the Project:
<https://youtu.be/8zPL45wP2mM>



For related resources:
<https://ocphe.ca/shared-minds/>

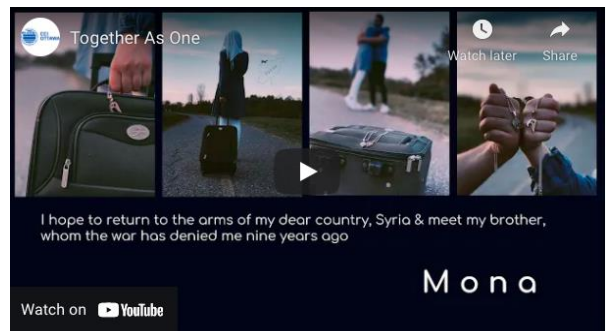
We are grateful for the youth leaders and for funding from **the Peter Gilgan Foundation and Ottawa Community Foundation.**

Together as One: A Newcomer Youth Wellness Photography Project

Shortly after the start of the COVID-19 pandemic, 30 newcomer youth collaborated with the [Social Planning Council of Ottawa](#) and [Catholic Centre for Immigrants Ottawa](#) on a photography and advocacy program for newcomer youth. On virtual platforms they developed new life skills and learned about photography while engaging in peer-to-peer sharing of strategies to improve wellness & promote hope for the future.

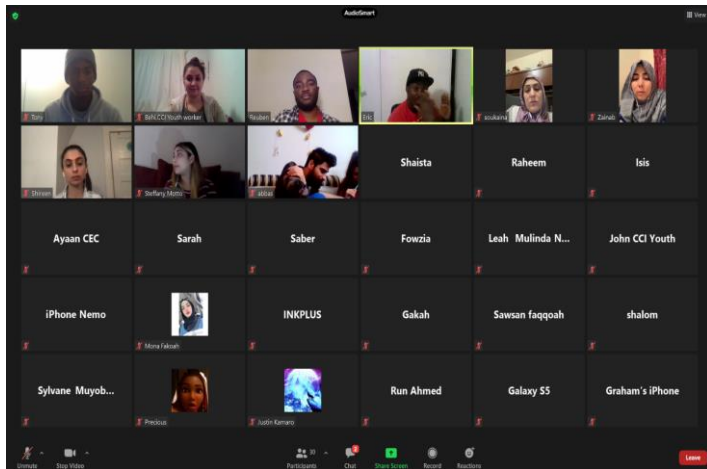
The project helped the participants overcome social isolation and stress in the times of COVID-19. It also led to the creation of an eBook (visit <https://youtu.be/zJPdCWxwpc>), with the express aim to make the voice of these youth heard and to advocate for the wellness of newcomer youth.

A sincere thanks to Stefan Domaradzki and the great team of youth.



Mental Health

Our Projects



My Voice, Our Wellness: A Newcomer Youth Mental Wellness Advocacy Photovoice Project

This is a photovoice project by and for racialized, refugee and newcomer youth addressing stigma surrounding mental health and discussing their experiences and understanding of mental health wellness. We used a multimedia approach (photography, videography and word-based art) to address the issue of mental health wellness and stigma as experienced by young people in Ottawa. The project was led by a young person trained in participatory photojournalism, who in collaboration with a team of young racialized community leaders described the realities of

their experience of mental health, communicated their perspective and identified some paths forward that could engage diverse people to improve the situation in their local communities. A group of 36 youth participated in the photovoice project where they learned about mental health wellness and staying safe during these difficult and challenging times. The final multimedia product is intended to amplify the voice of youth with lived experience and serve as both an advocacy to and a catalyst for positive community change. Many of the participants are working together on a second phase to provide peer-to-peer support in their communities as well as connection to mainstream mental health supports.



See the gallery of pictures at

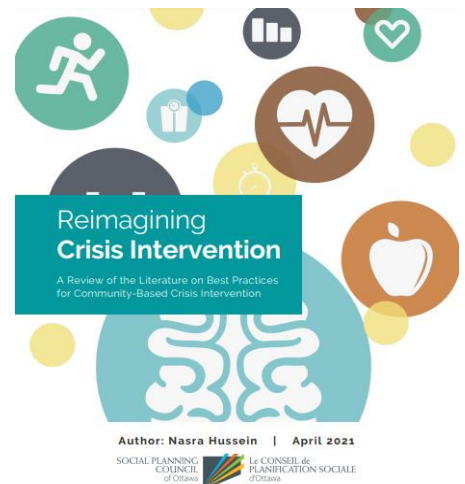
<https://drive.google.com/file/d/16eRApB-f8P7m-kpz1ttwAVuFrAsI0enZ/view?usp=sharing>

Report: Re-imagining Mental Health Crisis Intervention

Crisis interventions are the methods used to help distressed individuals cope with their crisis from its critical moment towards recovery and follow-up. A community-based, non-police approach effectively supports people with mental illness through diversion, treatment, and recovery while connecting them to community resources such as health care, stable and affordable housing, mentoring, conflict resolution, trauma-informed care, and employment services.

The following factors were synthesized from the literature and highlighted in the report as being best practices for effective crisis intervention to support persons with mental illness, especially those who are racialized and disproportionately affected by traditional policing:

- ✓ Implementation of a screening triage scale
- ✓ Mobility of crisis teams
- ✓ Trauma-informed de-escalation
- ✓ Collaborative system of care
- ✓ Anti-racist and culturally responsive practice
- ✓ Long-term crisis safety planning



See the report and summaries at <https://ocphe.ca/shared-minds/>



This project was supported by the **Government of Canada (Canada Summer Jobs)**.

Mental Health

Community Development and Sponsored Initiatives

Canadian Women of Colour Leadership Network

The Canadian Women of Colour Leadership Network is a grassroots organization established in 2018 on unceded and unsundered Algonquin territory, also known as Ottawa. Our network provides racialized women and non-binary people with career and educational services that will empower and educate them for leadership positions in their careers. Through an intersectional feminist framework, we aim to empower racialized women and non-binary professionals with the necessary skills, tools, and connections to overcome systemic barriers and be reflected in upper level leadership and management positions in the workplace. We provide a space for community amongst BIPOC women in any and all stages of their careers, whether they're just starting out or are entrepreneurs in their field.

In 2020-21 we hosted bi-weekly Cultural Conversation Circles to provide information and perspectives on mental health and wellness that is reflective of African/Caribbean/Black (ACB) culture, including:

- Culturally responsive mental health programming to assist in the healing of culturally based trauma
- Social support group that creates a safe and nurturing space for women to heal and build community
- Community-based education and outreach and collaboration with other agencies and communities

Through information, advice, dialogue and resource sharing, "Conversation Circle" hopes to reduce the stigma on mental illness in the ABC community and empower BIPOC women to make informed choices about the mental health support they want, the treatments they receive and the outcomes they desire.



Visit <https://linktr.ee/CWCLN>. We are grateful for funding from **the Ottawa Community Foundation** and the **City of Ottawa through the Ottawa Black Mental Health Coalition**.

In the Wind Art Collective

In the Wind is an artist's collective that brings together various artists, writers and performers to talk about and show their work. This is a gathering of people who seek ways to publish writing, show and sell art, and/or prepare performances for the public. In The Wind programming operates on the understanding that practising art, while in contact with other artists:

- Is health promoting.
- Builds strong relationships between people.
- Enhances understanding of the depth, range and diversity of art.
- Enhances skill development.
- Can be among the most meaningful of activity for a large number of people.
- Promotes full participation in the community and citizenship in general.

This year In The Wind worked to:

- enhance access to the devices and the materials for pursuing art

- create a network of artists that learn, teach and support one another, and
- provide opportunity to participate in art for a full range of levels from very personal to very public and as employment.

Activities included regular virtual get-togethers, digital art lessons (plus devices and software if necessary) for a diversity of skill and experience levels. They also participated in The Brooklyn Sketchbook Project, designed to encourage people to create and share art. In The Wind completed three Sketchbooks with 19 participants. This was undertaken as a "pandemic activity" but it is suited to any time and any place.



Visit

<http://creativecafefacreatif.com/in-the-wind/> to find out more (and to buy some great original art!)

We are grateful for funding from **the Ottawa Community Foundation**.

Mental Health

Community Development and Sponsored Initiatives

Mino Miikanan

Mino Miikanan (translation: good trails /pathways) ran two projects. The first focused on Indigenous men, enabling them to participate in land-based activities that included walks in nature, building of small sheds, sharing food, and healing circles, and provided a platform for the men to voice their feelings of isolation and frustration. These activities provided the men with a sense of accomplishment and added some structure to their day to day routines interrupted by the COVID-19 pandemic.

The second project provided traditional (including land-based) wellness activities to Indigenous people and families, during a time where many are experiencing isolation and added stress from disruptions in access to important community resources and supports. Many of these disruptions have exacerbated pre-existing challenges and trauma. Mino Miikanan organized traditional wellness and trauma competent practices and activities in different locations, including get-togethers to make medicine bags, soap stone carvings, traditional leather belts, and walking sticks. Participants also visited a wellness camp founded by Mino Miikanan, and participated in various traditional land-based activities including but not limited to building a sweat lodge, making toboggans, and roasting marshmallows and storytelling on the land. Many of the activities encouraged being in nature and in relation with other Indigenous people and elders. Participants benefited from an increased sense of connection and purpose and opportunities to socialize in addition to participating in culturally appropriate wellness supports and the grounding that comes from access to activities on the land.

One group of participants had not had the opportunity to leave the City and be in nature until receiving an invitation to visit the Mino Miikanan wellness camp. The group made an Inuit traditional sleigh (qamutiik) from scratch, participating with enthusiasm and a strong commitment to finish, working away into the evening using the headlights of a truck to complete the traditional sleigh. The group also reconnected with their culture during a traditional meal together (caribou stew). Many of the participants took pictures of their visit and shared it with family members in the City and up North in Nunavut.

Mino Miikanan made the decision to display the traditional sleigh in the City, which led to considerable interest by many of the Inuit participants and other Inuit who came to see the sleigh with their families. The organizers plan to encourage use of the sleigh year-round.

We are grateful to the **Ottawa Community Foundation** for its support of both projects.



Mental Health

Community Development and Sponsored Initiatives



A.R.T. In Action

A.R.T. In Action is a non-profit that provides free arts-based workshops to support the mental well-being of community members. Due to COVID, workshops were provided virtually, with supplies hand-delivered or mailed. Another project was **#CardsForSeniors**, a Christmas card campaign in partnership with Extendicare Medex on Baseline. This was an inter-generational project, with Carleton Height Public School students participating. Supplies were provided to the students and to community artists. Almost 200 cards were created and delivered to seniors in the Extendicare home just before Christmas.



Visit <https://artinactionottawa.wordpress.com/>

We are grateful for the support of the **Ottawa Community Foundation**.



Britannia Woods Community House

Britannia Woods Community House is a local charity offering a wide range of services to improve the quality of life for multicultural families and households living on a fixed or low income in the Britannia Woods community. Programs are delivered in a community-led, holistic approach. The Community House is a leader in culturally based family, youth and mental health supports. As part of a collaborative grant through SPCO, they supplemented their youth engagement work to reach more youth (particularly Black low-income youth) in response to the intensified mental health challenges created by COVID-19. They offered in-person drop-in supports and a sports drop-in as social distancing guidelines permitted. The grant also supported “The House” podcast – a great peer arts-based and awareness building project for Instagram Live engagement, a graduation event, a youth and families photo-shoot, and a youth pizza night.



Visit <https://britanniawoods.com/> to learn more about Britannia Woods Community House (20+) [Thehouse.podcast](#) | [Facebook](#) or [Instagram](#) for The House podcast.

We are grateful for funding from the **Ottawa Community Foundation**.

empower'em Empower'em

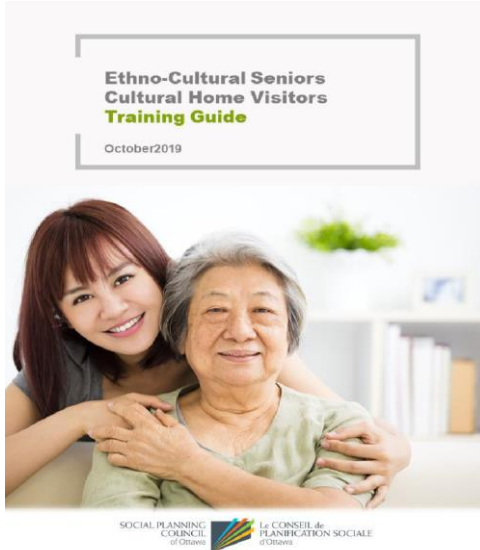
Empower'em is a grassroots youth group empowering women of colour through a journey of personal and professional growth leading to enhanced leadership capabilities and independence in decision making. Empower'em offers peer mental health support and a holistic 12 week virtual mentorship program to build confidence through personal and professional mentorship. During this pandemic year, Empower'em was able to support women of colour (some of whom are mothers) with one-on-one mentor matching and programming to support self-care, confidence, healthy relationships and financial literacy.



Visit <https://empowerem.ca/>. We are grateful for support from the **Ottawa Community Foundation**.

Seniors

Our Projects



Ethno-cultural Seniors Home Visiting Guide

This practical volunteer training and support guide was created to help ethno-cultural seniors' groups develop and conduct formal culturally appropriate volunteer training and support. The guide is intended to help increase the capacity and sustainability of existing ethno-cultural groups in Ottawa who provide volunteer services. It is also meant to act as a resource to mentor young people from different cultural backgrounds who want to volunteer in their own community, to help them learn and practice their language skills, and to increase knowledge of their own cultures of origin. The Guide is translated into several languages.

This project was funded by the **Government of Canada, New Horizon for Seniors Program**.

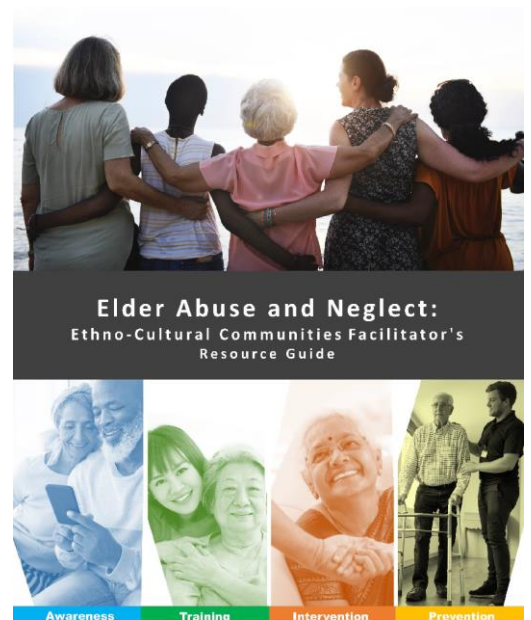
Collectively We Care - Collectively We Help - Elder Abuse Resource Guide

This Resource Guide provides information to both deliver talks and to facilitate discussions in the community as a tool for raising awareness about ageism and elder abuse. It includes notes on facilitating open discussion with groups based on culturally appropriate narratives and videos. The Resource Guide has been designed to support bilingual community volunteers to deliver community education. It was developed by members of the Ottawa Ethno-cultural Seniors Network, whom we would like to thank for their tremendous commitment and insight.

The project was funded by **United Way East Ontario**.

Information Sharing and Capacity Building For Culturally Responsive Dementia Supports

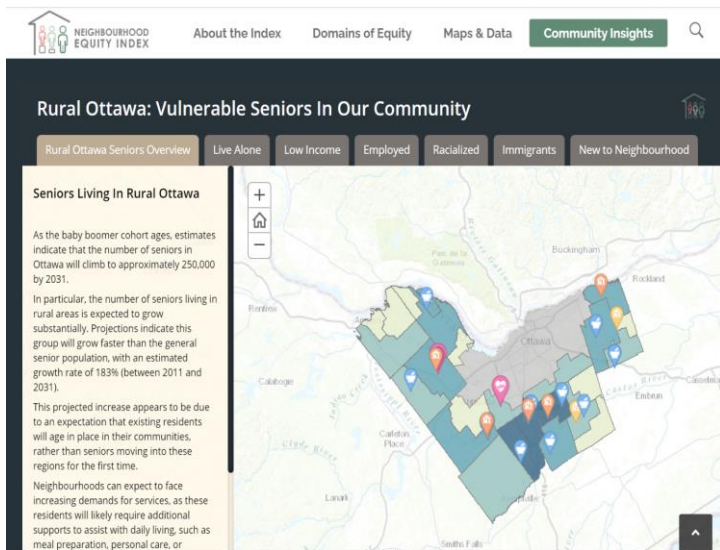
SPCO and our partners launched an information sharing and capacity building project to increase knowledge and promote good models of dementia care for racialized ethno-cultural seniors. Activities in 2021 included a webinar series to increase understanding of cultural competence/safety and to profile good local models (including those provided by members of the Ottawa Ethno-cultural Seniors Network). Several toolkits were developed to support grassroots groups starting or continuing their own community-based supports for individuals with distinct needs (cultural, gender-based, etc.) living with early dementia and their caregivers.



The webinars and toolkits are available at www.ocphe.ca. We are grateful for funding from the **Centre for Aging and Brain Health Innovation and the Government of Canada (Canada Summer Jobs)** for this project.

Seniors

Our Projects



New Mapping and Data about Seniors

To support COVID response and other planning, we developed several new data and mapping resources on seniors including:

- [Vulnerable seniors](#)
- [Seniors with disabilities](#)
- [Food insecurity and seniors](#)
- [Atlas of Rural Ottawa seniors](#)
- [Seniors by Neighbourhood Equity Index neighbourhood](#)
- [Seniors in Eastern Ontario](#)

Special thanks to Eric Culkin for the Atlas of Rural Ottawa seniors.

We are grateful for funding from **United Way East Ontario and the Government of Canada (Canada Summer Jobs)**.

Pivoting the “Age Friendly Plan” in a Pandemic

We are just launching an exciting new collaborative project that builds on actions identified in Ottawa’s existing “Age Friendly Communities” (AFC) plan to improve inclusion of immigrant and racialized seniors and respond to three priority needs of older adults arising from the pandemic, specifically:

- the pressing need for more social opportunities to support wellness and reduce isolation;
- the disproportionate impact of COVID-19 on racialized and immigrant residents; and
- the digital gap for seniors which exacerbates the first two issues and limits access to information and services.

The project will have three components that address these emerging needs and respond to changes in the local environment as a result of the pandemic:

- 1. Social Opportunities:** Needs assessment of available socially distanced social opportunities for immigrant and visible or ethnic minority seniors, and implementation and evaluation of a best-practices approach to increase virtual social opportunities appropriate for seniors with distinct needs;
- 2. Impact on Racialized Communities:** Summary Needs Assessment and Action Planning to address the disproportionate impact of COVID-19 on racialized and immigrant communities; and
- 3. Digital Access:** Needs assessment and action planning to increase digital access for seniors (access to internet, devices, digital literacy and age-friendly digital services).

The project is a collaboration of the Social Planning Council of Ottawa, Jewish Family Services and members of the Ottawa Ethno-cultural Seniors Network, with the engagement of City of Ottawa staff.

We are grateful for a grant from the **Inclusive Communities Fund of the Ontario Ministry of Seniors and Accessibility**.

Seniors

Our Projects

Ottawa Ethno-Cultural Seniors Network (OES Network)

SPCO works collaboratively with 24 ethno-cultural grassroots volunteer senior groups who represent the Ottawa Ethno-cultural Seniors Network. OES Network provides a wide range of recreational, social and educational opportunities and activities for socially isolated seniors. During the pandemic OES Network stepped up to provide much needed support for their seniors and with support from SPCO the group leaders and volunteers hosted over 100 educational opportunities for seniors and in turn the community responded to the unique needs of seniors by offering the following:

- Mental health support for isolated seniors (daily and weekly phone calls).
- Helping seniors with grocery shopping, picking up prescriptions.
- Cooking traditional meals.
- Accompanying seniors for medical appointment and providing transportation.
- Offering classes to support digital technology/literacy.
- Providing COVID-19 information and resources (translation and interpretation).
- Caregiver-care partner support.
- Virtual exercise activities such as yoga and dance.
- Numerous other activities via zoom (cooking classes; bingo, games, crafts, art colouring and painting, etc.)
- Celebrating cultural and religious events.



The tremendous volunteer work carried out by the OES Network cannot be overstated especially during the pandemic. Because of their work, seniors were able to access and receive much needed support. Thanks to funding received by SPCO for the grassroots groups, we were able to provide cash and in-kind resources to enable the groups to provide much needed support such as:

- Seniors accessed ethnic specific grocery and grocery gift cards through the Collaborative Food Pantry. The CFP helped over 2,000 seniors and their families access culturally appropriate food.
- Provided cooling systems during the summer months. SPCO supported over 150 low income and socially isolated seniors with portable fans.
- Provided computers and tablets for seniors to stay socially connected. SPCO gave out 100 laptops and tablets so that seniors could connect virtually.
- Provided cloth and disposable masks and gloves to over 3,000 seniors (personal protective equipment).
- Provided winter clothing for 20 seniors and their families.

Members of the OES Network continue to meet bi-weekly via zoom for workshops and presentations on a number of topics as well as share their knowledge and information about being connected throughout the pandemic.

We are grateful for funding from **United Way East Ontario** and the **City of Ottawa Social Service Relief Fund**.

Seniors

Community Development and Sponsored Initiatives



Ottawa Ethno-Cultural Seniors Network (OES Network) (cont'd)

"Year 2020 was not a good year for everyone because of Covid19! But for our group we were blessed to have SPCO for the support and information that they have provided us. We thank you for the computers you have given us to our needy seniors, as well as installing the Zoom apps. The electric fans that some seniors received was a breeze for them during the hot summer days. Cloth and disposable masks were all very useful during these pandemic times. Information as to access free transportations and food bank times and dates were all so useful. We are all very grateful for all your help and support to our group. More power to you and stay safe and healthy!" **Filipino Seniors**



"Without SPCO, I would never have accomplished achieving the work that I have been doing for seniors during this COVID pandemic which placed every senior in a state of panic. SPCO made it possible for seniors to be safe and to have food on the table, as well as ensuring their comfort even during The Christmas Holidays," **Caribbean Senior**



"SPCO is our "GO-TO" umbrella organization for all the support we require to help approximately 175 of our members. We are extremely thankful and highly appreciative of all the help and high value support we receive from SPCO and we wish SPCO every success in the future."

Grassroots Ethno-cultural Seniors Group Leader

"SPCO has been our guiding umbrella organization during this year of the pandemic. It brings together 24-Ethno-Cultural organizations to share their unique experiences

and strategies to cope with the difficult circumstances created by the pandemic. SPCO provided us support at multiple levels." **Grassroots Ethno-cultural Seniors Group Leader**

"It's wonderful to know that your meetings bring people from different communities together by providing the chance to openly discuss community initiatives, ideas, important topics, concerns, and solutions all the while supporting and exploring them together in a safe and non-judgmental environment." **Ottawa Public Library Staff**

We are grateful for the financial support of **United Way East Ontario**, the **Government of Canada**, **Employment and Social Development Canada COVID-19 Emergency Community Support Funding** (provided via United Way East Ontario and the Champlain Community Support Network), the **City of Ottawa**, the **Red Cross** and the **Older Adult Centres' Association of Ontario**.

Seniors

Community Development and Sponsored Initiatives



Culturally Responsive Supports for Seniors with Dementia and Caregivers

The Brain Health Program is a culturally responsive community-based adult dementia support program piloted by the Indo-Canadian Community Centre (ICCC), the Kanata Chinese Seniors Support Centre, Social Planning Council of Ottawa and the Champlain Community Support Network (CCSN). The project began in 2019 with the Indo-Canadian Community Centre and Kanata Chinese Seniors Support Centre each running weekly adult day programs. In 2020, Daryeel A Seniors and Youth Serving Centre and the Ottawa Valley Filipino Canadian Senior Citizens Association joined the project in delivering their own unique model of support to their community members with dementia. Participants and caregivers appreciated the social, physical and cognitive health benefits of the program. It helped them develop a

sense of community, restore some meaningful connections with other seniors in their community and find out about services available to them. Two of the programs have been able to continue virtually through the pandemic.

We are grateful for the generous support of the **Ontario Trillium Foundation** and **the Centre for Aging and Brain Health Innovation (CABHI)**.

Seniors' Centre Without Walls

Three ethno-cultural seniors groups, New Beginnings, Canada Nepal Solidarity for Peace and Ottawa Valley Filipino Canadian Citizens Association, were funded by **Older Adult Centres' Association of Ontario** to run the Seniors Centre Without Walls Program. Seniors' Centre Without Walls is a free interactive telephone based group activity program that connects seniors as well as adults who identify as living with a disability.

Reducing Seniors' Isolation Through Dance

Before the pandemic, many of the seniors in the Ottawa Ethno-cultural Network enjoyed the dance programming for seniors offered by the National Ballet School in partnership with the Baycrest Geriatric Centre. Through this project, seniors will have the volunteer training and technology resources so they can continue to enjoy this programming. They experience the health benefits of participating in a dance program, stay connected to and engage with other seniors and volunteers in their communities and increase their capacity to engage in virtual programming using technology.

This project is supported by a grant from the **Government of Canada, New Horizons for Seniors Program**.

Exploring the Accessibility of Health Services for Seniors

Three ethno-cultural seniors are taking the lead on this research project with support from Carleton University. The goal of this project is to increase the understanding of the unique challenges faced by three communities, Filipino, Vietnamese, and French-speaking Black Canadians, when accessing health services in Ottawa.

Youth Employment

Our Projects



Hot Shoe Productions

In the past year, Hot Shoe Productions has continued to grow the production skills of its youth staff while creating powerful video products for a multitude of clients. The social enterprise has helped several of the youth staff succeed at their own goals in the media and entertainment industries, including

helping one of our staff successfully apply to Vancouver Film School. 18 Youth Staff took shifts for Hot Shoe this year, while over 30 different video projects were produced, leading to approximately \$20,000 in revenue. Clients in 2020 and 2021 included the Queensway Carleton Hospital, Cornerstone Housing For Women, Somerset West Community Health Center, Artsconnect Ottawa, Youth Ottawa, the Peace and Environment Resource Center, the Ottawa Network For Education, LaFab Musique, Kweli Noir and more.

This year, Hot Shoe Productions also supported Youth Ottawa in their continued development of the Youth Active Media program, offering videography training and civic engagement in high schools and the community.

We are grateful to support from **United Way East Ontario** and the **Ottawa Community Foundation**.

Technology, Research and Communications Training and Career Laddering (TRAC)

Technology, Research and Communications Training and Career Laddering (TRAC) is a youth community economic development initiative providing skills training, mentoring and work experience in ICT, social research, and communications. Despite the tremendous impact of COVID-19 on youth unemployment we had a very active and successful year. 47 youth participated with 76% employed with our related social enterprises or with external employers. TRAC is a collaboration of the Social Planning Council of Ottawa, Britannia Woods Community House, Daryeel A Youth and Seniors Serving Centre and the Association of South Sudanese Languages Institute.

SOCIAL PLANNING COUNCIL OF OTTAWA
BRITANNIA WOODS COMMUNITY HOUSE
DARYEEL A YOUTH AND SENIORS SERVING CENTRE
ASSOCIATION OF SOUTH SUDANESE LANGUAGES INSTITUTE

START YOUR OWN SUMMER BUSINESS!

- Receive guidance on your Summer Start Up Grant application
- Receive Start Up money
- Gain advice and mentorship from business leaders on starting your business
- Gain advice and mentorship from business leaders on starting your business

VIRTUAL DROP-IN
EVERY MONDAY & WEDNESDAY
4PM – 6PM EST
VIA ZOOM

To register email: mohamedw@spcottawa.on.ca



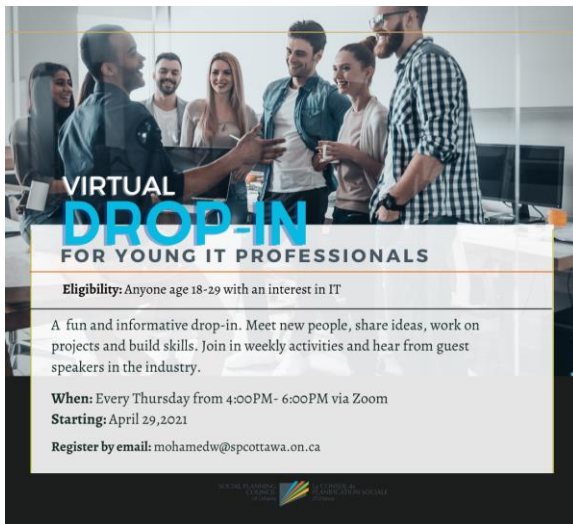
Youth Employment

Our Projects

Technology, Research and Communications Training and Career Laddering (TRAC) (cont'd)

The City of Ottawa provided an economic development grant to TRAC to increase the capacity of the voluntary sector and small businesses to effectively and efficiently go virtual in the context of the pandemic, while also building skills and career laddering for under-employed racialized and Aboriginal youth in priority neighbourhoods. We worked with community services to identify and develop technologies to address challenges (such as door-to-door delivery of groceries by volunteers) and to provide deployment, integration and help-desk support.

We are grateful for the financial support of the **City of Ottawa (Community Economic Development Grant)** and for support from the **RBC Foundation** and the **Co-operators Community Fund**.



ICT Training and Internship for Youth

The Social Planning Council of Ottawa ICT Professional training held two cohorts. The 4-week computer systems technician training program was assembled to prepare youth for an entry-level career in information technology. The program focuses on system administration and networking. During this program the youth learned how to setup, configure and maintain an individual workstation, servers, a network, operating systems and virtualization technologies. Once the training was done each youth was offered a 12-week internship. Upon completion of the program each participant was given the opportunity to write an industry standard certification, CompTIA A+; which could enhance and strengthen their technical proficiency. This quantifies their accomplishments, which builds their resume and makes them

more well rounded. 90% of participants have received a full-time position (for many their first career-oriented job) and we will continue to support them through their journey.

We are grateful for the generous support of the **Government of Canada (Youth Employment and Skills Strategy)**.

Communication Training and Internship for Youth

The Social Planning Council Communication training had five individuals complete a 4-week intensive training. Once the training was done each individual was given a 12-week internship. In the training youth learned skills such as analyzing the client and employer online presence, how to plan specific Key Performance Indicators, and search engine optimization. They were also introduced to Videography, marketing, storytelling and branding. We had guest speakers who were in the industry talk about the job market and their respective positions. The training class went to a studio and made a professional video for their final project. Each trainee came and left the training motivated to start a career in Communications. Our wonderful instructors made sure each youth was given the opportunity to ask questions, network, and learn the ins and outs of the industry. Once the training was done each trainee was set up with an internship. The trainees are now working in their first communication job and are thriving in their new positions.

We are grateful for the generous support of the **Government of Canada (Youth Employment and Skills Strategy)**.

Youth Employment

Our Projects

Communication Training and Internship for Youth (Pictures)



Social Research Training and Internship For Youth

Youth in our social research training worked on many projects, including mental health, anti-poverty, seniors, and the Black community. Their work on racialized youth and the labour market has been presented to over 150 stakeholders responding to the impact of COVID.

We are grateful for support from the **Ottawa Community Foundation** for this project.

Neighbourhood and Rural Equity

Our Projects

Neighbourhood Equity Index

Across Ottawa neighbourhoods there is significant inequity, affecting quality of life in the present as well as long term social, economic, and health outcomes for residents. The NEI is a powerful resource providing an evidence-based framework to build action for access to resources and opportunities to thrive in every neighbourhood. SPCO leads and manages the NEI, which is co-facilitated and supported by the United Way East Ontario and City of Ottawa.

We published the NEI in early 2021 and it is increasingly being used to support strategies to improve neighbourhood equity. To support community planning and response needs, the SPCO is continuously adding population and thematic data to the Neighbourhood Equity Index Website to support residents and organizations working on specific equity issues. The dashboards, maps, and tables present various indicators relevant to Families & Children, Youth, Seniors, and Immigrant and Racialized Groups residing in NEI neighbourhoods. In addition, through 2020 we added data and mapping tools to assist with the response to COVID-19 and support anti-racism work.



See: www.neighbourhoodequity.ca and the newest dashboards at <https://neighbourhoodequity.ca/#population>

We are grateful for the generous support of **United Way East Ontario**, with additional resources from the **Government of Canada (Canada Summer Jobs program)**.

Eastern Ontario Regional Data Project

SPCO, in partnership with United Way East Ontario, launched the Eastern Ontario Regional Data Project in June 2020.

The project outputs capture key aspects of rural population wellbeing in various formats:

- Data Profiles of Eastern Ontario Rural Communities provide information to assist community agencies with planning and response needs.
- The Rural Atlas of Eastern Ontario visualizes the spatial distribution of essential population and area characteristics across Eastern Ontario. A series of web maps and dashboards present a variety of themes and indicators of rural community vitality and population wellbeing.
- Online access to all products of the project along with links to additional resources is available to stakeholders.
- A potential final component of the project will be the development of a Rural Vitality Index for Eastern Ontario.



Visit [Eastern Ontario Regional Data Project \(arcgis.com\)](http://arcgis.com). We are grateful for funding from **United Way East Ontario**.



NEIGHBOURHOOD EQUITY INDEX

HOW CAN WE USE IT?

The **Neighbourhood Equity Index** highlights places that are more vulnerable than others and also points to key problems that are the weak spots in the physical distancing strategy such as:

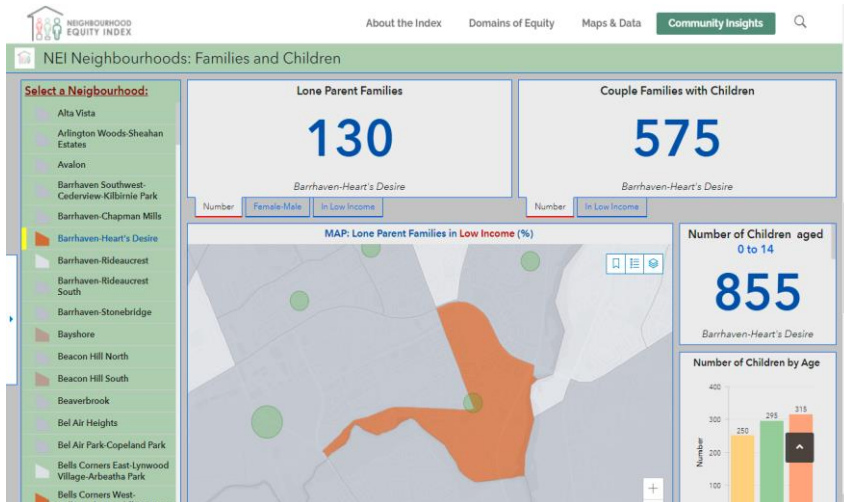
- No essential services like a grocery store or pharmacy within walking distance (see WalkScore map)
- A higher percentage of people in inadequate housing (unaffordable, overcrowded or unsuitable)
- Higher percentage of vulnerable people (seniors living alone, people with mental health challenges)
- A higher proportion of part-time workers or residents who are working poor - as the crisis has highlighted how many essential workers are in precarious and low paid conditions (personal support workers, home-care workers, grocery store workers, cleaners)
- More calls for first responders (for mental health crises or crime)

PLAN THE RIGHT WAY.
www.neighbourhoodequity.ca



Neighbourhood and Rural Equity

Our Projects



OTTAWA'S 20 MOST INEQUITABLE NEIGHBOURHOODS

90%

HAVE DISPROPORTIONATE RATES OF DIABETES RELATED HEALTH

Chronic health issues increase risk of COVID-19 complications and death.

Poor health is more likely in lower income neighbourhoods because of various factors such as:

- low wages
- increased likelihood of stressful life circumstances
- greater difficulty accessing health care services

Learn more: www.neighbourhoodequity.ca

NEIGHBOURHOOD EQUITY INDEX

INDICE D'ÉQUITÉ ENTRE LES QUARTIERS

OTTAWA'S 20 MOST AFFLUENT NEIGHBOURHOODS

0%

HAVE DISPROPORTIONATE RATES OF DIABETES RELATED HEALTH

Community Development and Sponsored Initiatives



**United Way
Centraide**
East Ontario
Est de l'Ontario

Ottawa Neighbourhood Social Capital Forum

The Ottawa Neighbourhoods Social Capital Forum (ONSCF) was established in 2011, and works in partnership with the Community Development Framework to build strong and vibrant neighbourhoods. Through a community development approach, partner agencies work together to improve quality of life in priority neighbourhoods and increase the capacity of citizens to

collaborate on shared priorities for change. The Social Planning Council chairs the ONSCF and is responsible for the research and evaluation supports to the ONSCF and CDF. 23 agencies with community development initiatives in 28 neighbourhoods use our common evaluation framework and tools, with real-time data and annual reports.

In previous years we launched cross-neighbourhood initiatives around youth employment and mental health as well as the Collaborative Food Pantry, all of which scaled up significantly in 2020-21 in response to COVID and the momentum from Black Lives Matter. Our Digital Equity work has also been launched to respond to priority neighbourhood issues. The SPC raised \$241,370 in 2020 for mutually reinforcing activities in priority neighbourhoods.

We are grateful for funding for our neighbourhood community development coordination from **United Way East Ontario**. Support for neighbourhood-based youth employment and IT support for resident leaders was received from the **City of Ottawa Social Service Relief Fund**. Support for neighbourhood mental health activities was received from the **Ottawa Community Foundation** and the **City of Ottawa Social Service Relief Fund (via the Ottawa Black Mental Health Coalition)**.

Access to Basics – Food and Essentials

Our Projects

Collaborative Food Pantry

The Collaborative Food Pantry was established in 2012 and operated primarily on a revenue-neutral (cost-recovery) basis until the dramatic spike in demand due to COVID-19. In 2020 we changed our approach to address urgent food security needs exacerbated by the pandemic. Partnering with ethno-cultural and Indigenous grassroots groups, the SPCO and its volunteers delivered culturally appropriate groceries or grocery cards to over 800 households in need, supporting more than 2400 people in the 2020/2021 period. In addition to delivering groceries, volunteers and staff performed wellness checks and connected community members with other supports available in the community.



We are grateful for support from the **City of Ottawa's Social Service Relief Fund** (including via the **Ottawa Black Mental Health Coalition and Jewish Family Services**) and from the **Government of Canada: Employment and Social Development Canada's COVID-19 Emergency Community Support Funding via United Way East Ontario and Champlain Community Support Network**. Sincere thanks also to our outstanding volunteers for shopping and door-to-door deliveries.

Community Development and Sponsored Initiatives

Hit the Streets

Hit the Streets is a grassroots mobile organization delivering free nutritional food, PPE, clothing and other provisions to survival sex workers, those experiencing homelessness and limited shelter, and those battling addictions. We also partner with different community organizations and promote information on free services and programming on their behalf. Our Wednesday outreach program begins in the evening and operates late into the night when most services are closed. By meeting people where they are at, we are helping to eliminate accessibility barriers to access life's most basic necessities

We are grateful for funding from **United Way East Ontario**.



To learn more, visit <https://www.instagram.com/hitthestreets.ca/>



Migrante Ottawa

Migrante Ottawa is a non-profit volunteer-based organization that promotes the rights and welfare of Filipino migrants in Canada. It is now estimated that over 6,000 Filipinos leave the Philippines everyday to find jobs overseas so their families can survive. The majority of those who leave are women, leaving their own families behind. Migrants face many difficulties when they go abroad: low wages; difficult working conditions and unpaid and/or invisible overtime; loneliness; and emotional suffering from prolonged family separation.

Access to Basics – Food and Essentials

Our Projects



PILIPINONG MIGRANTE SA CANADA

Migrante Ottawa (cont'd)

Migrant workers from the Philippines have been severely impacted by COVID-19, and are over-represented in essential services at high risk of exposure. Migrante Ottawa was very active in response. They received a grant to supplement their support for migrant communities to adapt; provide peer support to those who faced vulnerabilities related to their precarious immigration status and/or work in essential sectors (e.g., caregiving); and deliver information sessions to empower participants to address barriers and difficult situations they were facing. The resources helped improve the technological capacity of Migrante Ottawa to expand its reach and continue to do outreach and support through digital platforms.

Some highlights included:

- ✓ An online art workshop series that showcased the work of artists who capture issues affecting migrant individuals and communities.
- ✓ Direct help for workers facing problems related to COVID-19 and immigration policy.
- ✓ Group and individual mentorships to develop skills, knowledge and capacity of migrant youth and migrant workers to adapt to changing conditions, understand underlying causes, and identify actions that would benefit the migrants and the community more broadly.



Visit <https://www.facebook.com/migranteottawa/>

We are grateful for support from the **Ottawa Community Foundation**.



Gotta Go

The “GottaGo!” campaign was initiated by a group of concerned citizens who took part in the Citizen’s Academy program (i.e., Synapcity) in the fall of 2013. Since then, GottaGo! has a small core team and a growing list of active supporters.

The campaign advocates for a network of, and signage to, safe, free, clean and environmentally responsible public toilets and water fountains that are accessible to persons of all abilities at major transit stops, key public places and parks to meet the needs of residents and tourists in Canada’s Capital City. The focus of Gotta Go’s efforts has been the City of Ottawa, the National Capital Commission, Ottawa Tourism and the public.

We are grateful for support from the **Ottawa Community Foundation**.



For more information visit: <https://www.ottawapublictoilets.ca/who-we-are/>



‘Ethnic Food Box Pilot’ for the Ethnocultural Seniors

This is a joint project between Nutrition Blocs and Social Planning Council of Ottawa. The purpose of this project is to design and develop a customized and affordable ethnic food box for ethno-cultural seniors, comprised of fresh produce and daily staples, ethnic food ingredients, and prepared ethnic meals, delivered weekly to seniors’ homes. The pilot will run for 12 weeks and include 25 senior households from 2 ethno-cultural groups. The objective is to develop a sustainable solution through a social-enterprise model, with dynamic pricing, based on income level.

We are grateful for funding from the **Ottawa Community Foundation**.

Families and Success at School

Community Development and Sponsored Initiatives



Coopérative Enseignants Pas À Pas
SOLIDARITÉ - LEADERSHIP



Tutoring and Mental Health by Coopérative enseignants Pas à Pas

Coopérative Enseignants Pas À Pas is a co-operative of Francophone immigrant teachers supporting teachers and the community. The move to online learning has been tremendously challenging for teachers, children and families. CEPAP provided mental health and pedagogy supports to teachers, and online tutoring for Francophone immigrant students and their parents in need of support for success at school.



Visit <http://cepap.org/>

We are grateful for support from the **Ottawa Community Foundation**.

Association of South Sudanese Languages Institute (ASSLI)

The Association of South Sudanese Languages Institute (ASSLI) is a grassroots, volunteer organization that supports healthy development for Black children and youth from low income and refugee families. The organization is active in Ottawa's South Sudanese community, although activities are open to all. Their programs include homework clubs, recreation programs, youth leadership development, cooking and healthy eating programs, settlement supports, and employment supports (workshops, skills training and networking). The ASSLI has strong connections with some of Ottawa's most vulnerable families and brings the lens of refugees and new arrivals to our projects. The group has core expertise in conflict resolution and dealing with trauma.



Families and Success at School

Community Development and Sponsored Initiatives

Association of South Sudanese Languages Institute (ASSLI)

Despite COVID we were able to provide a summer camp for children to provide a much needed diversion after many months of social isolation indoors. We continued “Our Kids Ottawa Homework Club” virtually and also ran our Youth Cooking and Cultural Integration program. Special thanks to our volunteers, who provide tireless work and remarkable contributions.



Visit <https://www.assli.org/index.html>

We are grateful for support from the **Ottawa Community Foundation and United Way East Ontario.**



Maama Watali

Maama Watali is an Ottawa-based, Black-led non-profit organization that works to achieve gender equality by centering Black women. Though incorporated in 2012, for many years prior MW has supported Black women and their families to rebuild their lives after surviving intimate-partner violence.

Maama Watali is hosting Community Conversations to support Black/Racialized women experiencing or at risk of Intimate Partner Violence or Gender-Based Violence, which are known to have increased significantly during COVID-19. These facilitated conversations provide culturally appropriate information and support to Black and Racialized women about IPV. They also provide a safe and non-judgemental space to examine cultural/community attitudes, beliefs, practices and misconceptions related to intimate relationships that create partner or other types of violence, and the tools necessary to address it. The Conversations will soon be extended to a national audience through a partnership with Afro-Global TV. They are also developing a national database of culturally appropriate violence prevention resources which will be uploaded and maintained on their website for women who need additional support.



Visit <https://maamawatali.org/>

We are grateful for the generous support of the **Canadian Women’s Foundation (“Safer and Strong” Grant).**



Supporting New Immigrant Families with Catholic Centre for Immigrants

COVID-19 exacerbated inequities already present in our society. New immigrants and refugees were among the groups hardest hit by the pandemic, disproportionately impacted by the disruption of services, the need to isolate at home, virtual schooling, digital inequity, and the disruption in the labour market. Through a resource-sharing agreement the SPCO was able to partner with Catholic Centre for Immigrants to provide increased virtual supports to immigrant and refugee families and individuals. The project included staffing for individual and group-based supports as well as digital devices/connectivity.

We are grateful to the **City of Ottawa, RBC Foundation and the Ottawa Black Mental Health Coalition** for support for this project.

Digital Equity

Our Projects

Digital Equity in Ottawa and Eastern Ontario

In collaboration with **National Capital Freenet** we are working to reduce the digital divide for at-risk populations, priority neighbourhoods and rural residents through four strategies:

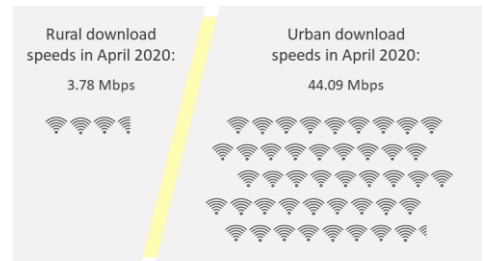
- **Connectivity:** We have been planning and building partnerships for an innovative community-based Wi-Fi access service to be piloted in high needs neighbourhoods, as well as developing a scoping document on options for the rural counties across Eastern Ontario. In the short term we are supporting internet for a limited number of residents, particularly community leaders.
- **Devices:** Flowing mainly from our neighbourhood community development/neighbourhood equity work, we have been providing phones and basic phone plans to tenant and community leaders who needed basic cell phone service in order to continue their critical role as peer leaders for others in their community as services and activities moved on-line. We received funding to be able to distribute tablets or laptops to community members in need, including isolated seniors, low income racialized families and individuals with health issues requiring the ability to connect to services virtually through COVID. With community partners we are seeking ways to increase access to appropriate hardware and technical support for residents now and into the future.
- **Resident Skills:** We are working with community partners to improve knowledge of and coordination between the many organizations that train residents in digital skills to increase access to services, virtual learning (from elementary to post-secondary), employability, and social opportunities for isolated residents.
- **Non-Profit Capacity:** We are working with voluntary sector agencies to increase the capacity of the non-profit sector to provide services digitally including for residents with low technical capacity.

We just launched Digital Equity Ottawa, a multi-sector collaboration to help move forward action on all four strategies.

We are grateful for funding from **United Way East Ontario** for the planning, research and coordination. We received funds for digital devices and connectivity for community members from the **City of Ottawa (Social Service Relief Fund)**, the **Ottawa Black Mental Health Coalition**, **Ottawa Community Foundation**, the **Government of Canada (New Horizons for Seniors Program)**.

Data from the Canadian Internet Registration Authority (CIRA) shows

the **staggering scale** of the urban-rural digital divide

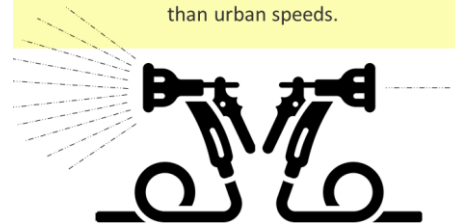


Since COVID-19, median speeds have **continued to fall** for rural users. neighbourhoodequity.ca/digital-inclusion-ottawa/

Rural Canadian upload speeds are on average

10x slower

than urban speeds.



Fast upload speeds are critical for video conferencing and other applications needed to work and learn from home. **It's time to close the digital divide.**



Effective Voluntary Sector

Our Projects

Effective Measures

Effective Measures is the SPCO's social enterprise that provides research and evaluation services in support of community programs and initiatives aimed at improving the lives of all Ottawans. Our evaluation services contribute to more robust social services and the non-profit sector by paving the way for future community projects and interventions so that they encounter fewer setbacks and, more likely, achieve better results. We help assure funders that their investment is creating desirable changes in the community and support the fund recipients to reach the goals and intended outcomes of their programs.

Effective Measures assisted non-profits in their multi-stakeholder and multidisciplinary programs in a wide spectrum of social issues. We responded to the evaluation needs of 6 collaborative initiatives/programs which involved a total of 16 partners and 5 funders. The initiatives were as follows:

- ✓ **Ottawa Community Land Trust (continued).** The goal is to establish a Community Land Trust in Ottawa in collaboration with partners in the housing sector.
- ✓ **Eastern Ontario Resource Centre (continued).** We provide support to build capacity for developing evaluation frameworks for programs and services and drafting and articulating attainable program/service objectives and immediate outcomes.
- ✓ **Advanced Literacy and Essential Skills (concluded).** The goal was to develop, test, and evaluate an advanced essential skills training model for newcomer IT professionals.
- ✓ **OWN Tech Initiative (concluded).** The goal was to provide an innovative, made-in-Ontario solution to the employment and skills barriers experienced by newcomer women in the Ottawa and Eastern Ontario region. This initiative will be used to address labour market access barriers for both newcomer women and the employers who hire them.
- ✓ **Trades Talent Link, Service Delivery Improvement (YMCA-YWCA of the National Capital Region) (concluded).** The goal was to improve service delivery by improving the understanding of systemic barriers to newcomer employment in the skilled trades and improving or adding programs to overcome those barriers.
- ✓ **Trades Talent Link, Pilot Mentorship Program, Ottawa Community Immigrant Services Organization (YMCA-YWCA of the National Capital Region) (concluded).** The goal was to develop and pilot test a mentorship program for newcomers working in the skilled trades.
- ✓ **Two evaluation workshops (16 participants); 10 unique individuals (YMCA-YWCA of the National Capital Region).**

Effective Voluntary Sector

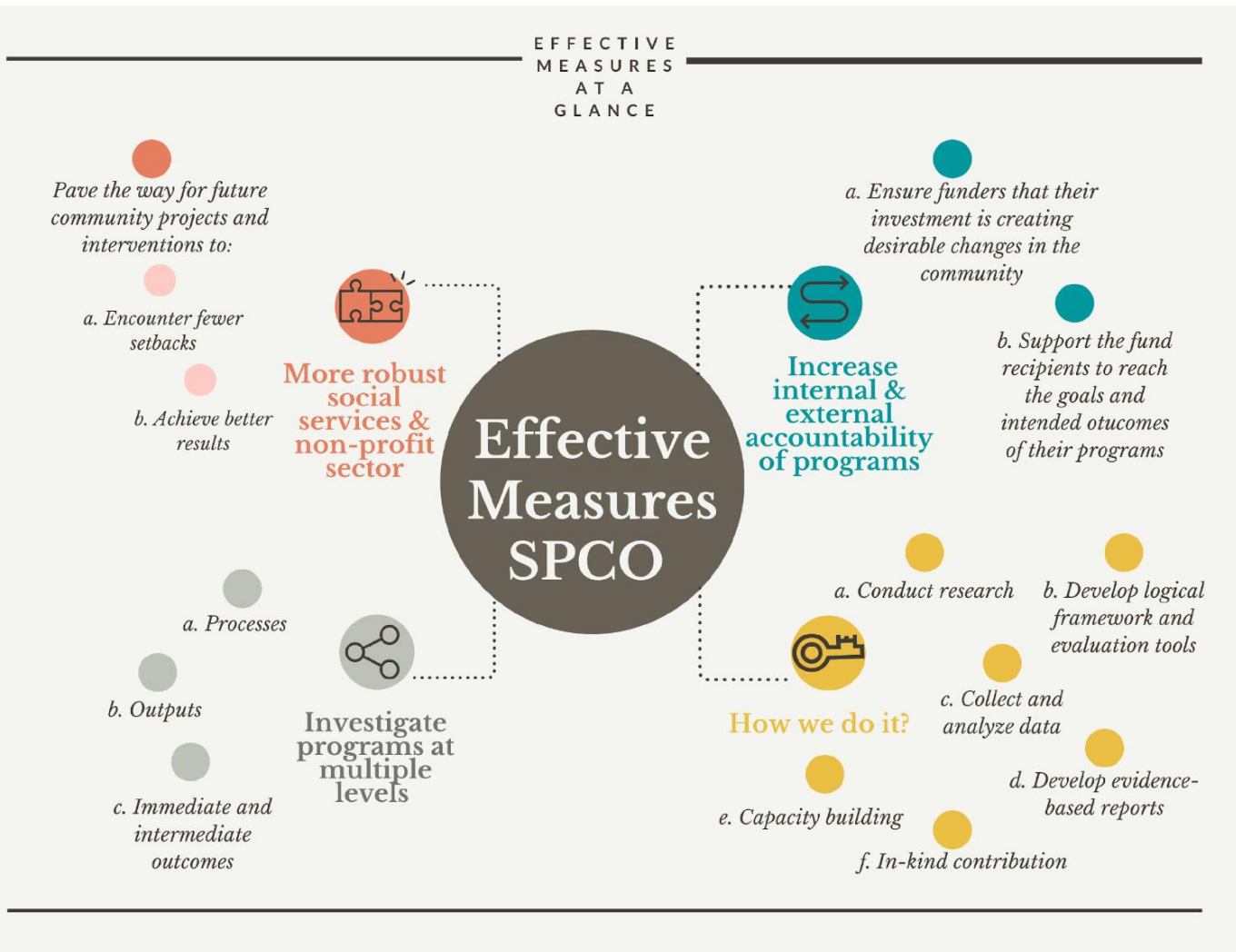
Our Projects

Effective Measures (cont'd)

Non-profits usually have limited funds allocated to the evaluation requirements of their programs. As part of our social responsibility, we often need to offer a percentage of our evaluation services as in-kind contributions to the non-profits that hire us. As a result of our in-kind contribution, the recipients of our evaluation services save on an expense that would otherwise have had to come from project funds. From April 2020 to May 2021, the SPCO provided more than 100 days of in-kind contribution to 5 different evaluation projects.



Visit: <https://www.effectivemeasures.ca/>

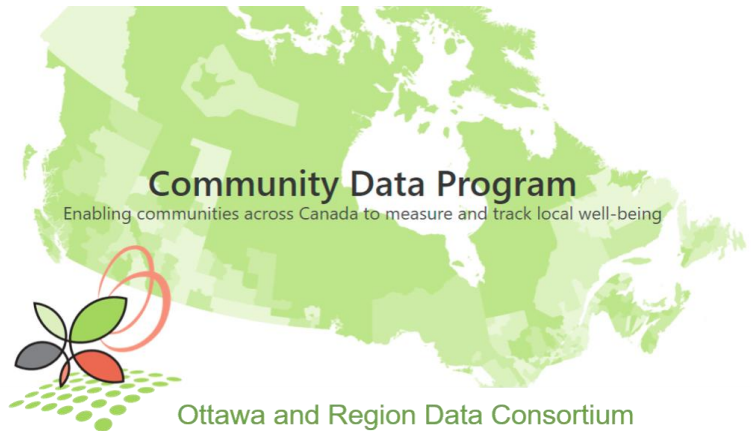


Effective Voluntary Sector

Our Projects

Ottawa and Region Data Consortium

The Social Planning Council of Ottawa is the host for the Ottawa chapter of a national Community Data Program created by the Canadian Council of Social Development. This exciting initiative enables community-based organizations and municipalities to access data from Statistics Canada and other institutions to identify and better understand the social and economic trends within their individual communities. The Community Data Consortium reduces the cost of acquiring community data, builds



community data analysis capacity, and connects a national network of data users. Members gain access to hundreds of customized data tables from a variety of sources designed to provide community organizations and municipalities with the information necessary to inform effective and responsive policy and program design and implementation. The Ottawa Neighbourhood Study, Ottawa Insights (Ottawa Community Foundation) and the Neighbourhood Equity Index are three higher profile projects using the Ottawa Region Community Data Consortium.

In 2020/2021, consortium data were used to support community planning:

- To identify where most vulnerable populations in Ottawa are: seniors living alone, seniors with disabilities, low income population, youth with mental health issues.
- To aid in decisions related to essential services: food delivery; location of Wi-Fi; location of emergency daycare for front-line workers.
- To support planning and action to address anti-Black racism and racially motivated hate.



Visit <https://communitydata.ca/>

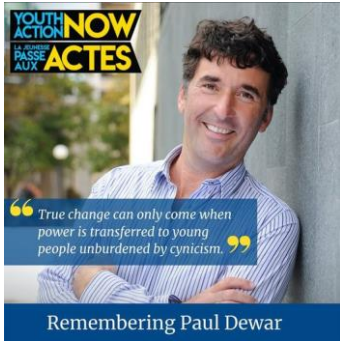
Building Data Capacity Project

This is a multi-year project to develop and implement a cross-agency model of collaboration to enable effective use of primary and secondary data to support program planning. The project supports under-employed young people with social research ability from equity seeking groups or priority neighbourhoods to produce research reports and turnkey documents for agency networks to support effective service delivery. The project benefits voluntary sector agencies and their clients, while increasing the marketability of the young people for social research positions in Ottawa. In this first year of the project, we worked with the Coalition of Community Health and Resource Centres to respond to their data needs.

Funding for this project has been generously provided by the **Ottawa Community Foundation**.

Leadership and Civic Participation


Community Development and Sponsored Initiatives



Youth Action Now

Youth Action Now has supported hundreds of Ottawa's youth through our Grants and Mentorship Programs. We have disbursed 65 grants ranging from \$300 to \$1000 to a variety of diverse youth-led groups working to make change in their community. These groups are creating new recreation activities, supporting youth mental health, increasing awareness of Indigenous youth, leading Black History Month initiatives in high schools, building understanding of LGBTQ+ issues, facilitating youth employment, engaging in advocacy at Carleton University and the University of Ottawa, and much more.

Our projects:

 [://www.youthactionnow.ca/news?offset=1612633718845&category=Grant+Recipients](https://www.youthactionnow.ca/news?offset=1612633718845&category=Grant+Recipients).

For more information, visit: <http://youthactionnow.ca/>

Youth Action Now is resourced through donations and a **Canada Summer Jobs** grant.



Synapcity supports individuals and organizations across the city who want to take action to make Ottawa a better place to live, work and play. This past year in particular, that meant investing in finding new ways to create spaces for conversations online.

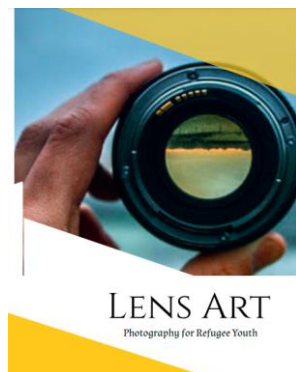
Following the successful completion of our City Lab program with Saint Paul University, we began hosting monthly community conversations on topics ranging from the challenges of social isolation to a panel discussion on how poetry helps create a sense of place. Our events have featured a diverse collection of guests, and were attended by hundreds of CityMakers from Ottawa and farther afield. We also took the time for some introspection, completing an alumni and community survey around our Equity, Diversity and Inclusion practices. As part of our ongoing work in this field, we are engaging with [QuakeLab](#) and [Axiom News](#) to help us develop our next new program, a peer-training environment for citizens to develop skills in hosting, facilitation and organizing, called the Synapcity Hosting Network, as well as a series of community talks.

Finally, Synapcity is eager to begin work on the 2021 edition of our longest-running program, the Civics Boot Camp. With case studies featuring critical community organizations, electric guest speakers and a proven experiential curriculum, we are very excited to learn who our 12th cohort of CityMakers will be!

Youth Lens

Youth Lens is a program for refugee and new immigrant youth in Ottawa to learn visual storytelling through the art of photography. A cohort of young participants were trained by two professional photographers. Following the training, participants extended their learning to run their own group of youth whom they trained and mentored. Throughout, the participants continued to produce their own photographs and were supported to develop their leadership skills through additional workshops and mentoring. This program encourages participants to enrich their lives through arts and culture and will culminate in a series of virtual exhibitions starting in June 2021, including one with the French Embassy. The project is a collaboration of the Social Planning Council and U Shine Movement.

This project is supported by the **Ontario Trillium Foundation**.



A Sincere Thanks to Our Funders

United Way East Ontario for its generous funding of:

- Research and development for vibrant communities including the Neighbourhood Equity Index
- Hot Shoe Productions
- Supports for Ethno-cultural Seniors and Caregivers
- via COVID-19 Emergency Community Support Funds provided by the Government of Canada,



Employment and Social Development Canada:

- Social Connections for Ethno-Cultural Community Members and Seniors*
- Digital Equity Ottawa*.
- Sponsored projects:
 - Association of South Sudanese Languages Institute's "Youth Cooking Integration" via a SPARK grant
 - Hit the Streets

The **Ottawa Community Foundation**, for its generous support of :

- Youth Active Media
- Our project to build agency capacity to use data
- And the sponsored project "Our Kids" of the Association of South Sudanese Languages Institute
- Via COVID-19 Emergency Community Support Funds provided by the Government of Canada, Employment and Social Development Canada:
 - "Weathering the Storm" supporting peer- and arts-based mental health support for In the Wind Art Collective, Empower'em, Canadian Women of Colour Leadership Network, Mino, Miikanan, Migrante Ottawa, Britannia Woods Community House, Catholic Centre for Immigrants
- Sponsored projects via COVID-19 Emergency Community Support Funds:
 - Co-operative enseignants pas-à-pas (Projet SOS Enseignants francophone)
 - Mino Miikanan (Art Expressions)
 - Gotta Go
 - Synapcity



The **City of Ottawa** for its generous support of :

- Our core operations
- Social Services Relief Fund grants for COVID-19 related communications devices, emergency food and youth employment
- a Community Economic Development grant for under-employed youth to support the COVID response of voluntary sector agencies
- A Youth SHINE grant from Crime Prevention Ottawa for a youth-led anti-racism video.



Employment and Social Development Canada for its generous support of

- our youth employment program "TRAC" (via Youth Employment and Skills Strategy)
- our summer students (via Canada Summer Jobs).
- "Reducing Seniors Isolation Through Dance" and "Ethno-cultural Seniors Home Visiting Project" (via New Horizons for Seniors Program)
- COVID-19 Emergency Community Support Funds (see * under United Way and Community Foundation)



And for the **Canada Emergency Wage Subsidy**, which stabilized our employees.

Thanks to Our Funders (cont'd)

The **Ontario Trillium Foundation** for its generous support of:

- Our dementia day programming in collaboration with grassroots ethno-cultural seniors groups
- Youth Lens photovoice project with U Shine Movement
- A Resilient Communities grant



The **Centre for Aging and Brain Health Innovation** for its' generous support of our dementia day program with the Indo-Canadian Community Centre and related knowledge mobilization project.



The **RBC Foundation** for its generous support of "Technology, Research and Communications" our youth employment initiative and social enterprises.



The **Peter Gilgan Foundation** for its generous support of our community-based mental health work and youth-led participatory action research on mental health.



The **Co-operators Community Fund** for its generous support of "Technology, Research and Communications", our youth employment project and social enterprises.



Bell Let's Talk for its generous support of "My Voice Our Wellness: A Newcomer Youth Mental Wellness Advocacy Photovoice Project.



The **Canadian Women's Foundation** for its generous support of Maama Watali's "Community Conversations on Intimate Partner Violence & Gender-Based Violence".



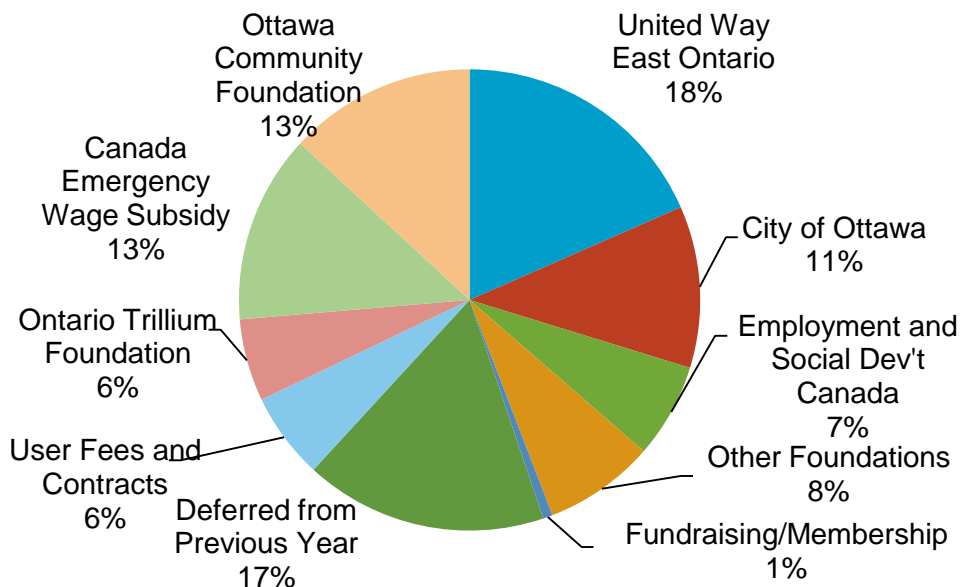
The **Matt Foundation** for its generous support of Synacity.



The **Province of Ontario, Inclusive Communities Grant**, for age-friendly planning.

Total Revenues 2020 (audited)

For more details, please see the audited financial statements.



SOCIAL PLANNING COUNCIL OF OTTAWA

FINANCIAL STATEMENTS

DECEMBER 31, 2020



INDEPENDENT AUDITORS' REPORT

To the Members of
Social Planning Council of Ottawa

Qualified Opinion

We have audited the financial statements of Social Planning Council of Ottawa (the "Council"), which comprise the statement of financial position as at December 31, 2020, and the statement of operations, statement of changes in net assets and statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Council as at December 31, 2020, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Qualified Opinion

In common with many not-for-profit organizations, the Council derives revenue from the general public in the form of fundraising, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, verification of these revenues was limited to the amounts recorded in the records of the Council and we were not able to determine whether any adjustments might be necessary to fundraising revenue, net revenue and cash flows from operations for the years ended December 31, 2020 and 2019, current assets and unrestricted surplus as at December 31, 2020 and 2019. Our audit opinion on the financial statements for the year ended December 31, 2019 was modified accordingly because of the possible effects of this limitation in scope.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the *Auditors' Responsibilities for the Audit of the Financial Statements* section of our report. We are independent of the Council in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified opinion.



2.

INDEPENDENT AUDITORS' REPORT (Cont'd.)

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Council's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Council or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Council's financial reporting process.

Auditors' Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditors' report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Council's internal control.

.../3



McCay Duff LLP
CHARTERED PROFESSIONAL ACCOUNTANTS

141 Laurier Ave. West, 6th Floor
Ottawa, ON K1P 5J3
1 (613) 236-2367
Fax: 1 (613) 236-5041

3.

INDEPENDENT AUDITORS' REPORT (Cont'd.)

- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Council's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditors' report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditors' report. However, future events or conditions may cause the Council to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

McCay Duff LLP

McCay Duff LLP,
Licensed Public Accountants.

Ottawa, Ontario,
May 25, 2021 .

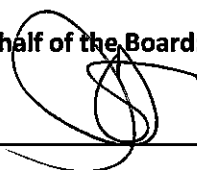
SOCIAL PLANNING COUNCIL OF OTTAWA

STATEMENT OF FINANCIAL POSITION

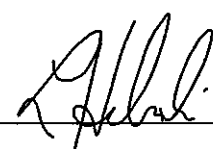
AS AT DECEMBER 31, 2020

ASSETS		
	<u>2020</u>	<u>2019</u>
CURRENT		
Cash	\$ 634,666	\$ 329,990
Accounts receivable	91,031	94,654
Prepaid expenses	<u>14,919</u>	<u>15,582</u>
	740,616	440,226
FUNDS HELD IN TRUST	-	856
COMMUNITY FOUNDATION ENDOWMENT FUND ASSETS (note 4)	22,753	19,626
RESTRICTED RESERVE ASSETS	<u>10,496</u>	<u>10,433</u>
	<u>\$ 773,865</u>	<u>\$ 471,141</u>
LIABILITIES		
CURRENT		
Accounts payable and accrued liabilities (note 5)	\$ 80,180	\$ 50,519
Deferred contributions (note 6)	<u>581,716</u>	<u>323,660</u>
	661,896	374,179
FUNDS HELD IN TRUST	-	856
	661,896	375,035
NET ASSETS		
COMMUNITY FOUNDATION ENDOWMENT FUND (note 4)	22,753	19,626
UNRESTRICTED SURPLUS	78,720	66,047
RESTRICTED RESERVE	<u>10,496</u>	<u>10,433</u>
	<u>111,969</u>	<u>96,106</u>
	<u>\$ 773,865</u>	<u>\$ 471,141</u>

Approved on behalf of the Board:



 Director



 Director

SOCIAL PLANNING COUNCIL OF OTTAWA

STATEMENT OF CHANGES IN NET ASSETS

FOR THE YEAR ENDED DECEMBER 31, 2020

	<u>2020</u>	<u>2019</u>
UNRESTRICTED SURPLUS		
BALANCE - BEGINNING OF YEAR	\$ 66,047	\$ 63,281
Net revenue for the year	<u>12,673</u>	<u>2,766</u>
BALANCE - END OF YEAR	<u>\$ 78,720</u>	<u>\$ 66,047</u>
RESTRICTED RESERVE		
BALANCE - BEGINNING OF YEAR	\$ 10,433	\$ 10,181
Investment income	<u>63</u>	<u>252</u>
BALANCE - END OF YEAR	<u>\$ 10,496</u>	<u>\$ 10,433</u>

SOCIAL PLANNING COUNCIL OF OTTAWA
STATEMENT OF OPERATIONS
FOR THE YEAR ENDED DECEMBER 31, 2020

		<u>General Operations</u>	<u>Research, Planning & Networking</u>	<u>Synapcity</u>	<u>Special Projects</u>	<u>2020 Total</u>	<u>2019 Total</u>
REVENUE							
Deferred contributions from previous year (note 6)	\$	-	46,777	84,964	191,919	\$ 323,660	\$ 430,281
Baycrest Centre		-	1,500	-	-	1,500	-
Canada Emergency Wage Subsidy		209,352	-	34,509	7,742	251,603	-
Centre for Aging and Brain Health Innovation		-	70,078	-	-	70,078	13,500
City of Ottawa		70,875	5,000	-	139,920	215,795	79,437
Co-operators Group		-	-	-	-	-	20,000
Data Consortium		-	8,400	-	-	8,400	17,600
Employment and Social Development Canada		-	17,478	-	108,646	126,124	115,456
Fundraising and donations		8,636	6,250	24,897	60,834	100,617	146,119
George Cedric Metcalf Charitable Foundation		-	-	-	-	-	10,000
Gilligan Foundation		25,000	-	-	-	25,000	-
Innoweave		-	-	-	-	-	7,500
Matt Foundation		-	-	7,000	-	7,000	5,000
Membership fees		1,040	-	-	150	1,190	1,535
Other income		667	79,785	7,390	19,020	106,862	199,698
Ottawa Community Foundation		-	88,164	51,627	110,042	249,833	82,619
RBC Foundation		-	-	-	44,260	44,260	-
The Ontario Trillium Foundation		35,000	74,800	-	-	109,800	142,500
United Way of Ottawa		-	296,771	-	53,800	350,571	205,651
		<u>350,570</u>	<u>695,003</u>	<u>210,387</u>	<u>736,333</u>	<u>1,992,293</u>	<u>1,476,896</u>
Deferred contributions to next year (note 6)		<u>55,840</u>	<u>124,049</u>	<u>98,088</u>	<u>303,739</u>	<u>581,716</u>	<u>323,660</u>
		294,730	570,954	112,299	432,594	1,410,577	1,153,236
EXPENSES (Schedule of Expenses)		<u>286,190</u>	<u>567,812</u>	<u>112,287</u>	<u>431,615</u>	<u>1,397,904</u>	<u>1,150,470</u>
NET REVENUE	<u>\$</u>	<u>8,540</u>	<u>3,142</u>	<u>12</u>	<u>979</u>	<u>\$ 12,673</u>	<u>\$ 2,766</u>

SOCIAL PLANNING COUNCIL OF OTTAWA

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED DECEMBER 31, 2020

	<u>2020</u>	<u>2019</u>
CASH PROVIDED BY (USED FOR)		
OPERATING ACTIVITIES		
Cash from operations		
Net revenue for the year	\$ 12,673	\$ 2,766
Restricted reserve net revenue	63	252
Amortization	<u>-</u>	<u>735</u>
	12,736	3,753
Changes in non-cash working capital		
- accounts receivable	3,623	71,150
- prepaid expenses	663	(62)
- accounts payable and accrued liabilities	29,661	(34,391)
- deferred contributions	<u>258,056</u>	<u>(106,621)</u>
	<u>292,003</u>	<u>(69,924)</u>
	304,739	(66,171)
INVESTING ACTIVITY		
Change in restricted reserve assets	(63)	(252)
INCREASE (DECREASE) IN CASH DURING THE YEAR	304,676	(66,423)
CASH - BEGINNING OF YEAR	<u>329,990</u>	<u>396,413</u>
CASH - END OF YEAR	<u>\$ 634,666</u>	<u>\$ 329,990</u>

SOCIAL PLANNING COUNCIL OF OTTAWA

NOTES TO FINANCIAL STATEMENTS

DECEMBER 31, 2020

1. ORGANIZATION

The Council is incorporated under the laws of Ontario without share capital by way of letters patent. The Council is a private, not-for-profit and registered charitable organization directed by a volunteer Board of Directors. Its mission is to provide the residents of Ottawa with the means to exercise informed leadership on issues affecting their social and economic well-being. The Council is dependent on grants from various levels of government and the United Way of Ottawa in order to maintain its current levels of service. The Council qualifies as a non-profit organization as defined in section 149(1)(L) of the Income Tax Act. Accordingly, the Council is exempt from income taxes.

2. SIGNIFICANT ACCOUNTING POLICIES

These financial statements are prepared in accordance with Canadian accounting standards for not-for-profit organizations. The Council's significant accounting policies are as follows:

(a) Revenue Recognition

The Council follows the deferral method of accounting for contributions. Restricted contributions are recognized in the year in which the related restrictions are met. Unrestricted contributions are recognized as revenue when received or receivable, if the amount can be reasonably estimated and collection is reasonably assured.

Membership fees are recognized as revenue when received or receivable.

(b) Capital Assets and Amortization

Capital assets are stated at cost, net of accumulated amortization. Amortization on the telephone system is recorded on a straight line basis over 5 years.

(c) Administration Cost Allocation

Administration costs are allocated to projects up to the maximum allowed under the funding agreements.

(d) Restricted Reserve

The Council maintains a portion of its surplus in an internally restricted reserve. The terms and conditions of the amount, use and restrictions of the reserve are determined by the Council. Reserve assets consist of guaranteed investment certificates.

SOCIAL PLANNING COUNCIL OF OTTAWA

NOTES TO FINANCIAL STATEMENTS

DECEMBER 31, 2020

2. SIGNIFICANT ACCOUNTING POLICIES (Cont'd.)

(e) Use of Estimates

The preparation of financial statements in conformity with Canadian accounting standards for not-for-profit organizations requires management to make estimates and assumptions that affect the reported amounts of assets, liabilities, revenue and expenses and disclosure of contingent assets and liabilities. These estimates are reviewed periodically and adjustments are made to net revenue as appropriate in the year they become known.

(f) Financial Instruments

The Council's financial instruments consist of cash, accounts receivable, Community Foundation endowment fund assets, restricted reserve assets, and accounts payable and accrued liabilities.

Measurement

Financial instruments are recorded at fair value on initial recognition.

The Council subsequently measures its financial instruments as follows:

Cash, accounts receivable, funds held in trust, and accounts payable and accrued liabilities are subsequently measured at amortized cost.

Restricted reserve assets and Community Foundation endowment fund assets are subsequently measured at fair value. Changes in fair value are recognized in net revenue.

Impairment

Financial assets measured at amortized cost are tested for impairment when there are indicators of impairment. The amount of any write-down or subsequent recovery is recognized in net revenue.

(g) Volunteer Services

The Council receives the services of many volunteers, the cost of which cannot be reasonably estimated. Therefore, no representation of this expense has been included in these financial statements.

SOCIAL PLANNING COUNCIL OF OTTAWA

NOTES TO FINANCIAL STATEMENTS

DECEMBER 31, 2020

3. FINANCIAL RISKS AND CONCENTRATION OF RISKS

It is management's opinion that the Council is not exposed to significant credit, interest rate, liquidity, market or currency risks arising from its financial instruments. There has been no change to the risk exposure from the prior year.

4. COMMUNITY FOUNDATION ENDOWMENT FUND

In 2004, the Council established an endowment fund with the Community Foundation of Ottawa. The fund was established in order to begin the process of providing long-term funding stability. Contributions to the fund, since its inception, total \$13,618. The total income earned by the fund over that period is \$9,135, resulting in a fund balance at December 31, 2020 of \$22,753 (2019 - \$19,626). Activity of the endowment fund for the fiscal year ending December 31, 2020 consists of net investment income of \$1,127. A stipulation of the fund is that all earnings must be reinvested until the fund balance reaches \$25,000. Once the fund has \$25,000 invested, earnings of the fund will be available for use in general operations.

5. ACCOUNTS PAYABLE AND ACCRUED LIABILITIES

Included in accounts payable and accrued liabilities are government remittances payable of \$23,443 (2019 - \$10,577) for payroll related taxes.

SOCIAL PLANNING COUNCIL OF OTTAWA

NOTES TO FINANCIAL STATEMENTS

DECEMBER 31, 2020

6. DEFERRED CONTRIBUTIONS

Deferred contributions received are restricted for use in subsequent fiscal periods.

	Balance - Beginning of Year	Received During the Year	Recognized as Revenue in the Year	Balance - End of Year
Canada Emergency Wage Subsidy	\$ -	\$ 251,603	\$ 251,603	\$ -
Centre for Aging and Brain Health Innovation	-	70,078	70,078	-
City of Ottawa	-	215,795	167,322	48,473
Client user fee	3,443	96,385	74,861	24,967
Community Foundation of Ottawa	52,021	249,833	171,438	130,416
Data Consortium	-	8,400	8,400	-
Fundraising	196,370	100,617	87,545	209,442
Gilligan Foundation	-	25,000	4,159	20,841
Innoweave	2,500	-	2,500	-
Matt Foundation	-	7,000	1,425	5,575
Metcalf Foundation	592	-	592	-
Other	-	4,817	4,817	-
Project revenues	28,144	8,350	8,350	28,144
RBC Foundation	-	44,260	34,140	10,120
Employment and Social Development Canada	7,347	126,124	129,114	4,357
The Ontario Trillium Foundation	32,841	109,800	107,641	35,000
United Way of Ottawa	402	350,571	286,592	64,381
	<u>\$ 323,660</u>	<u>\$ 1,668,633</u>	<u>\$ 1,410,577</u>	<u>\$ 581,716</u>

SOCIAL PLANNING COUNCIL OF OTTAWA

NOTES TO FINANCIAL STATEMENTS

DECEMBER 31, 2020

7. PENSION PLAN

The Council participates in the Ottawa-Carleton Community Agencies Pension Plan. This multi-employer defined benefit pension plan covers employees of the Council and employees of other participating organizations.

The Council has adopted defined contribution plan accounting principles for this pension plan as sufficient information is not available to use defined benefit plan accounting.

As at December 31, 2019, the pension plan surplus in aggregate was \$1,481,803. During the year, the Council contributed and expensed \$12,337 (2019 - \$12,451) to the plan. No significant changes were made to the contractual elements of the plan during the year.

8. IMPACT OF COVID-19

The impact of COVID-19 to the public since its outbreak in mid-March 2020 has been extensive. In response to ongoing health concerns, the Council has been adhering to government guidelines as they relate to states of emergency, social distancing measures and mandated closures. The Canadian government has continued to implement financial easing policies to mitigate the financial impact on the economy in which the Council operates, however its effectiveness is yet to be determined. The financial impact on the Council as a result of COVID-19 is unknown as the potential impact on future operations cannot be determined. No amounts have been recognized in the audited financial statements relating to the potential impact of future events on the Council as a result of COVID-19.

SOCIAL PLANNING COUNCIL OF OTTAWA

SCHEDULE OF EXPENSES

FOR THE YEAR ENDED DECEMBER 31, 2020

	<u>General Operations</u>	<u>Research Planning & Networking</u>	<u>Synapcity</u>	<u>Special Projects</u>	<u>2020 Total</u>	<u>2019 Total</u>
Bad debts (recovery)	\$ (50)	\$ 550	\$ -	\$ 5,170	\$ 5,670	\$ -
Contract personnel	107,312	85,199	68,106	116,436	377,053	492,234
Salaries/honorariums	112,951	166,964	150	47,682	327,747	162,007
Sundry, local transport and participant expenses	1,017	12,675	2,194	14,561	30,447	45,826
Pilot projects	-	70,625	-	97,051	167,676	158,865
Consultant fees	-	60,668	9,770	25,889	96,327	21,440
Employee benefits	34,098	37,528	7,680	16,039	95,345	91,837
Occupancy	13,296	-	4,548	2,391	20,235	30,947
Information and data purchase	-	22,284	-	-	22,284	16,359
Website/Internet	3,825	1,769	8	176	5,778	8,643
Office equipment maintenance and leases	14,232	5,601	822	10,032	30,687	17,492
Bookkeeping	9,355	-	-	1,051	10,406	11,421
Telephone	4,153	169	475	661	5,458	9,426
Professional fees	7,533	-	-	-	7,533	23,205
Printing, photocopying and desktop publishing	1,619	418	153	620	2,810	6,790
Insurance	5,185	-	1,888	465	7,538	10,879
Miscellaneous	6,383	122	530	4,304	11,339	11,467
Translation	294	1,560	-	2,391	4,245	2,634
Stationery and supplies	1,456	1,698	52	807	4,013	4,822
AGM and annual report	282	-	42	-	324	535
Volunteer/Board support	448	171	-	358	977	3,430
Public relations and publicity	-	-	-	370	370	2,739
Fundraising	150	-	-	671	821	7,795
COVID-19 direct support	170	3,771	-	40,765	44,706	-
Conference, travel and staff development	60	64	387	37,682	38,193	4,711
Postage and shipping	344	-	29	70	443	399
Subscriptions and publications	92	250	453	480	1,275	2,332
Funding services	-	76,350	-	1,854	78,204	1,500
Project administration	(38,015)	19,376	15,000	3,639	-	-
Amortization	-	-	-	-	-	735
	<u>\$ 286,190</u>	<u>\$ 567,812</u>	<u>\$ 112,287</u>	<u>\$ 431,615</u>	<u>\$ 1,397,904</u>	<u>\$ 1,150,470</u>